

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

It's rally week! That means all week you have chances to check in at lunch and earn points for dressing up. If you wore red, black, blue, or white today – be sure to stop by and check in. Tomorrow's dress up day is Twin Tuesday so join us for some fun. Not only can you get points for dressing up this week, we will have games each day you can come by and play to earn points. Today's game even has a way to earn bonus points so come check it out.

Signups are open and filling fast for the Trojan Talent Night. Sign up using the QR code or Bitly posted on Instagram or around campus for your chance to show off your singing, dancing, instrumental, or lip sync talent.

Prom tickets go on sale this Friday. There will be a one day only flash sale on Friday and you can get your prom ticket for just \$40. The price goes up next week. Remember you need to have a dance agreement sticker on a current student ID card to get your ticket. Dance agreement forms can be picked up in the finance office and get turned in to the Dean's Office. Get yours now so you can get a ticket to join us for a Night in Wonderland.

Are you looking for something new and creative to be a part of next year? Do you enjoy dancing and expressing yourself? If so, colorguard might be the place for you. We will be holding tryouts next Tuesday night for a chance to be a part of next year's team. Keep your eye on Instagram or talk to a current member for more information.



Breakfast

Main Entrée

- Maple & Brown Sugar Oatmeal Cup
- Pan Dulce
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

Fruit

- Granny Smith Apple
- Strawberry Kiwi Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Chicken Strips w/Fries
- Chicken Caesar Salad
- Cheeseburger
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Petite Banana
- Pear

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

SPORTS

Monday, April 15

Boys Tennis: Var. vs Mira Monte (3:00pm), excused 2:00pm; JV at Mira Monte (3:00pm), van 2:00pm, excused 1:45pm (**SENIOR NIGHT**)

Tuesday, April 16

Track and Field: Horizon League Cluster 2 Meet Running Events (at Del Oro - 2:00pm); bus 12:30pm, excused 12:00pm

Swimming: Make up meet vs. Del Oro/Mira Monte (3:30pm at Kern Aquatic Center); bus 2:00pm, ex 1:45pm

Wednesday, April 17

Baseball: vs. Del Oro (Var/JV only 4:00pm), excused 2:30pm

Softball: vs. Del Oro (Var 4:45pm/JV 3:00pm), JV excused 1:45pm, Var excused 3:00pm; FS at Del Oro (4:00pm), bus 2:00pm, excused 1:30pm

Boys Tennis: Horizon League Championships (Var at Arvin 11:00am, van 10:00am, excused 9:45am); JV at Foothill (11:00am, excused 10:00am)

Track and Field: Horizon League Cluster 2 Meet Throwing Events (at Mira Monte 3:30pm), bus 2:00pm, excused 1:45pm

Thursday, April 18

Boys Golf: at Rio Bravo, van 10:45am, excused 10:30am

Swimming: vs Mira Monte (3:30pm at Kern Aquatic Center), bus 2:00pm, excused 1:45pm (**SENIOR NIGHT**)

Friday, April 19

Baseball: at Del Oro (Var/JV only 4:00pm), bus 2:00pm, excused 1:30pm

Softball: Var/JV at Del Oro (Var 4:45pm/JV 3:00pm), bus 1:45pm, excused 1:30pm; FS 4:00pm, excused 2:45pm

Track and Field: at Patriot Games (Liberty), bus 1:30pm, excused 1:15pm

Saturday, April 20

Baseball: FS at West Tourney, bus 12:00pm

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

