

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

It's rally week! you wore camo or shades of green today, be sure to check in and claim your points. And check out our lunch time game for more chances to earn points. Tomorrow's dress up day is Tea Party Thursday so get fancied up or throw on a crazy hat to get your points.

Sign ups to be a part of the Trojan Talent Night close soon. Don't forget to sign you or your group up to sing, dance, lip synch, or more. Sign up using the QR code or Bitly posted on Instagram or around campus for your chance to show off your talent.

Prom tickets go on sale this Friday. There will be a one day only flash sale on Friday and you can get your prom ticket for just \$40. The price goes up next week.

Remember you need to have a dance agreement sticker on a current student ID card to get your ticket. Get ready to join us for a Night In Wonderland.

Are you looking for something new and creative to be a part of next year? Do you enjoy dancing and expressing yourself? If so, color guard might be the place for you. We will be holding tryouts next Tuesday night for a chance to be a part of next year's team. Come see what we are all about!

Volleyball will be hosting Ironman, a boys volleyball competition. The first 12 students for each grade level will compete against one another. 9th grade vs. 10th, 11th vs. 12th, and then winner vs. winner. If you are interested, see the fliers and QR code in your classes to sign up! Permission slips can be picked up in the Finance Office, and you can pay for your shirt at the same time. Practices will be held May 16th, 20, 21, and 22nd from 3:45/5:30. The game will be May 23rd at 4:00 with Ms. Liz Reyes. It is \$15 dollars per player and this includes your shirt. Staff and Students can buy a shirt for the specific grade level for \$15 in finance. Orders are due by May 3rd. We can't wait to see our boys compete, and to have a great time, so Trojan boys, grab a friend and sign up today!

Breakfast

Main Entrée

- Country Breakfast Scramble
- Burrito
- Honey Bun
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

Fruit

- Strawberry Kiwi Juice
- Diced Peaches

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Chicken & Rice
- Chef Salad
- Cheeseburger
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Orange
- Seedless Grapes

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

SPORTS

Wednesday, April 17

Baseball: vs. Del Oro (Var/JV only 4:00pm), excused 2:30pm

Softball: vs. Del Oro (Var 4:45pm/JV 3:00pm), JV excused 1:45pm, Var excused 3:00pm; FS at Del Oro (4:00pm), bus 2:00pm, excused 1:30pm

Boys Tennis: Horizon League Championships (Var at Arvin 11:00am, van 10:00am, excused 9:45am); JV at Foothill (11:00am, excused 10:00am)

Track and Field: Horizon League Cluster 2 Meet Throwing Events (at Mira Monte 3:30pm), bus 2:00pm, excused 1:45pm

Thursday, April 18

Boys Golf: at Rio Bravo, van 10:45am, excused 10:30am

Swimming: vs Mira Monte (3:30pm at Kern Aquatic Center), bus 2:00pm, excused 1:45pm (**SENIOR NIGHT**)

Friday, April 19

Baseball: at Del Oro (Var/JV only 4:00pm), bus 2:00pm, excused 1:30pm

Softball: Var/JV at Del Oro (Var 4:45pm/JV 3:00pm), bus 1:45pm, excused 1:30pm; FS 4:00pm, excused 2:45pm

Track and Field: at Patriot Games (Liberty), bus 1:30pm, excused 1:15pm

Saturday, April 20

Baseball: FS at West Tourney, bus 12:00pm

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

Attention, all La Raza Club members, we will have a mandatory meeting today during Lunch, WEDNESDAY April 17, 2024, in room I-6. Grab your lunch and come to Mr. Henriquez room I-6 so you can see what we are planning in La Raza Club for this coming 5 de Mayo event.” Our 5 de Mayo event is coming soon.

