

# FOOTHILL HIGH SCHOOL

## BULLETIN

### TROJANS

SENIORS! Do you want to be a graduation speaker? Talk with your English teacher, Government teacher, or go to the counseling office and sign up. Speeches are due May 13<sup>th</sup> and auditions are on May 14<sup>th</sup> and May 15<sup>th</sup> during 6<sup>th</sup> and 7<sup>th</sup> period.

Are you looking for something new and creative to be a part of next year? Do you enjoy dancing and expressing yourself? If so, color guard might be the place for you. We will be holding tryouts next Tuesday night for a chance to be a part of next year's team. Keep your eye on Instagram or talk to a current member for more information.

Volleyball will be hosting Ironman, a boys volleyball competition. The first 12 students for each grade level will compete against one another. 9th grade vs. 10th, 11th vs. 12th, and then winner vs. winner. If you are interested, see the fliers and QR code in your classes to sign up! Permission slips can be picked up in the Finance Office, and you can pay for your shirt at the same time. Practices will be held May 16th, 20, 21, and 22nd from 3:45/5:30. The game will be May 23rd at 4:00 with Ms. Liz Reyes. It is \$15 dollars per player and this includes your shirt. Staff and Students can buy a shirt for the specific grade level for \$15 in finance. Orders are due by May 3rd. We can't wait to see our boys compete, and to have a great time, so Trojan boys, grab a friend and sign up today!

Sign ups to be a part of the Trojan Talent Night close soon. Don't forget to sign you or your group up to sing, dance, lip synch, or more. Sign up using the QR code or Bitly posted on Instagram or around campus for your chance to show off your talent.

Prom tickets go on sale FRIDAY - a one day only flash sale; get your ticket for just \$40. Prices goes up next week. Students must have a dance agreement sticker on a current student ID card to purchase or pick up a ticket. Join us for a Night In Wonderland.

#### **Breakfast**

##### **Main Entrée**

- Breakfast Box
- Double Chocolate Chip Muffin
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

##### **Fruit**

- Fruit Punch Juice
- Petite Banana

##### **Milk**

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

#### **LUNCH MENU**

##### **Main Entrée**

- Nashville Hot Chicken & Waffle
- Chicken Caesar Salad
- Beef Taco Crisp
- Sicilian Pizza
- Black Bean Burger
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

##### **Fruit**

- Fruit Punch Juice
- Apple Slices

##### **Vegetables**

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

##### **Milk**

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

## SPORTS

### Thursday, April 18

Boys Golf: at Rio Bravo, van 10:45am, excused 10:30am

Swimming: vs Mira Monte (3:30pm at Kern Aquatic Center),  
bus 2:00pm, excused 1:45pm (**SENIOR NIGHT**)

### Friday, April 19

Baseball: at Del Oro (Var/JV only 4:00pm), bus 2:00pm,  
excused 1:30pm

Softball: Var/JV at Del Oro (Var 4:45pm/JV 3:00pm), bus  
1:45pm, excused 1:30pm; FS 4:00pm, excused 2:45pm

Track and Field: at Patriot Games (Liberty), bus 1:30pm,  
excused 1:15pm

### Saturday, April 20

Baseball: FS at West Tourney, bus 12:00pm

## CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

