

# FOOTHILL HIGH SCHOOL

## BULLETIN

### TROJANS

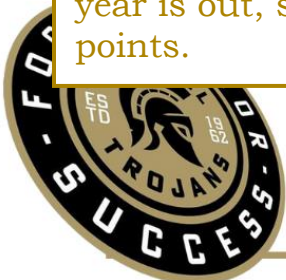
SENIORS! Do you want to be a graduation speaker? Talk with your English teacher, Government teacher, or go to the counseling office and sign up. Speeches are due May 13<sup>th</sup> and auditions are on May 14<sup>th</sup> and May 15<sup>th</sup> during 6<sup>th</sup> and 7<sup>th</sup> period.

Seniors! Interested in attending BC in the fall? It's not too late. BC's express enrollment workshop will be tomorrow in the Career Center. For more information or to sign up stop by the Career Center.

Are you looking for something new and creative to be a part of next year? Do you enjoy dancing and expressing yourself? If so, colorguard might be the place for you. We will be holding tryouts Tuesday night for a chance to be a part of next year's team. Join us in the gym at 5:30.

Volleyball will be hosting Ironman, a boys volleyball competition. The first 12 students for each grade level will compete against one another. If you are interested, see the fliers and QR code in your classes to sign up! Permission slips and more information can be picked up in the Finance Office. Staff and Students can buy a shirt for a specific grade level for \$15 in finance. Orders are due by May 3rd. We can't wait to see our boys compete, so grab a friend & sign up today!

Last week was a great week of dress up and fun lunch time activities with lots of chances to get bonus points. Congratulations to Team Gold who is currently in the lead. The Sophomores and Seniors really came out in full force last week, but the competition isn't over. You will have a few more chances to earn points before the school year is out, so be ready to participate and earn some points.



#### Breakfast

##### Main Entrée

- Mini Powdered Donut
- Mocha Crumble
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

##### Fruit

- Granny Smith Apple
- Strawberry Kiwi Juice

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

#### LUNCH MENU

##### Main Entrée

- BBQ Pulled Pork Mac and Cheese
- Chicken Caesar Salad
- Cheeseburger
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

##### Fruit

- Petite Banana
- Pear

##### Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

## **SPORTS**

### **Tuesday, April 23**

Boys Tennis: CIF Playoffs Rd 1 – vs. Taft (3:00pm), excused 1:45pm  
Track and Field: Horizon League JV Championship (at Del Oro 2:00pm), bus 12:30pm, excused 12:15pm

### **Wednesday, April 24**

Baseball: Var vs. Arvin (4:00pm), excused 2:30pm; JV at Arvin (4:00pm), bus 2:00pm (with JV/FS SB), excused 1:30pm  
Softball: Var vs. Arvin (4:00pm), excused 2:30pm; FS/JV at Arvin (FS 3:00pm/JV 4:45pm), bus 2:00pm (w/JV BB), excused 1:30pm  
Track and Field: Horizon League JV Championship (throws) (at Mira Monte 2:30pm), bus 1:30pm, excused 1:15pm  
Swimming: Horizon League JV Championships (1:30pm Kern Aquatic Center), bus 10:45am, excused 10:30am  
Boys Golf: at Rio Bravo, van 10:45am

### **Thursday, April 25**

Boys Tennis: CIF Playoffs Rd 2 (at Arvin TBD) (TENTATIVE)  
Swimming: Horizon League Var 500's (3:00pm at Kern Aquatic Center), van 1:00pm, excused 12:45pm

### **Friday, April 26**

Baseball: Var at Arvin (4:00pm), bus 2:00pm (with Var SB), excused 1:30pm; JV vs. Arvin (4:00pm), excused 2:30pm  
Softball: Var at Arvin (4:00pm), bus 2:00pm (with Var BB), excused 1:30pm; FS/JV vs. Arvin (FS 3:00pm/JV 4:45pm), FS excused 1:45pm, JV excused 3:15pm  
Track and Field: at Thunderbird Classic (Kennedy HS), bus 1:15pm, excused 12:45pm  
Swimming: Horizon League Varsity Championship (3:00pm at Kern Aquatic Center), bus 12:00pm, excused 11:45am

## **CLUBS**

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

Art Club - will have a meeting Thursday at Lunch in Room 1001. Everyone is welcome. Grab your lunch and head over to the most creative club on campus - Art Club!

