



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Turkey Ham Muffin Sandwich
- Banana Muffins
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

Fruit

- DOD Apple Slices
- Fruit Punch Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Chicken Drumstick w/ Mac & Cheese
- Galaxy Pepperoni Pizza
- Black Bean Burger
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

Fruit

- Gala Apple
- Strawberry Kiwi Juice

Vegetables

- Ranch Style Beans
- Vegetable Side Salad
- Sandwich Toppings

Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

THURSDAY, OCTOBER 7, 2021

TROJANS:

Are you looking to make friends, make connections, make a difference?! Well what better way than through volunteer work? Volunteer work is a well-proven way to improve your resume and make your job applications unique. In addition, you could even earn school credits through volunteer work. The parent center is needing reliable, dependable, and energetic students who are ready to make a difference. If you're interested, ask for Ms. Daisy in the Career/Parent center next to the library for more information.

Sophomores and Juniors the PSAT will be October 13th. If you are interested in taking it, it will cost \$5. You can go to finance to sign up. If you have any questions, please come by the counseling office.

Did you wear pink today? If so, be sure to stop by the table outside of the activities office to check in and get your points.

And finally, don't forget to come out today and support all of your hard working Trojan athletes playing at home. Tennis starts at 3:30, volleyball at 4:00, and football at 5:00. Wear pink and come cheer on the Trojans.

CLUBS:

The Chess Club will meet today afterschool in room 911. New players welcome.

Drama Club is starting up with our Auditions for our first show of the year! Come Audition on Wednesday, October 13, 2:30-4:00 for our Christmas Show, A Seussified Christmas Carol. Everyone is welcome to audition even if you have never acted before. If you have always wanted to be on stage, now is your time. Come out and audition for a part in this funny version of A Christmas Carol where all the characters have been Seussified and live in Dr. Seuss's world! We will audition in the Auditorium in room L3.

SPORTS:

Thursday, Oct. 7

- Football – North (JV 5:00 pm/Var 7:30 pm)
- Volleyball – South (FS 4:00 pm/JV 5:15 pm/Var 6:30 pm)
- Girls Tennis – Highland (3:30 pm)

Friday, Oct. 8

- Girls Tennis - @ Wasco Tourney (Time TBD)

Saturday, Oct. 9

- Girls Tennis - @ Wasco Tourney (Time TBD)
- Cross Country - @ Santa Clarita Inv (Bus 6:00 am)

Conditioning for all girls interested in playing soccer who are not currently in a fall sport will start on Monday, Oct. 11, at 3:00 pm. We will meet at the JV girls' softball field. You must have your physical and athletic packet turned in to the athletic office before starting conditioning.

Girls/Boys golf meeting this Thursday: 4th period lunch Weight room, 5th period lunch Mr. Clark's room #1006

**WELCOME BACK
TROJANS!**

10/4/21 – 10/8/21

**MONDAY-FRIDAY
REGULAR SCHEDULE**

7:29 AM-2:29 PM