



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



**MONDAY, OCTOBER 18, 2021**

#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

- Mini Chocolate Donut
- French Toast Sticks
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

###### Fruit

- Strawberry Kiwi Juice
- Green Apple

###### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

- Taco Nada
- Chicken Cesar Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Unrustable PBJ Sandwich

###### Fruit

- Oranges Whole

###### Vegetables

- Cucumber Coins
- Green Beans
- Sandwich Toppings

###### Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

#### CLUBS:

Students interested in competing in the Kern County Science Fair in March, the Science Fair Club will be meeting on Thursday, October 21, afterschool from 2:45-3:45 in room 608. Not too late to join yet!

#### TROJANS:

Instrumental Concert Monday, at the Peg Pauly Auditorium @7pm featuring the Orchestra, Jazz Band, and Marching band. Tickets are \$5 for adults, \$3 for children under 12 and students with ID (kids under 3 are FREE)

AP tests need to be purchased in the finance office by October 20<sup>th</sup> if you plan to test in the Spring!

#### SPORTS:

##### Tuesday, Oct. 19

- Volleyball – East (Senior Night) (FS 4:00 pm/JV 5:15 pm/Var 6:30 pm)
- Girls Tennis – at SEYL Championships (Bakersfield Racquet Club, Time TBD)
- Girls Golf – at SEYL Meet (North Kern GC, 1:00 pm)

##### Wednesday, Oct. 20

- Girls Tennis – at SEYL Championships (BRC, Time TBD)
- Cross Country – at East (4:00 pm)

##### Thursday, Oct. 21

- Volleyball – at Mira Monte (FS 4:00 pm/JV 5:15pm/Var 6:30 pm)

##### Friday, Oct. 22

- Football – at East (JV 5:00 pm/Var 7:30 pm)

##### Saturday, Oct. 23

- Cross Country – at Meadow Park Invitational

Winter Sports Conditioning continues for Boys/Girls Basketball, Boys/Girls Soccer, and Boys/Girls Wrestling.

Girls basketball conditioning has begun. There's time to participate before tryouts on 10/25. For more information please visit Mr. Secrist at room 701.

#### SENIORS:

Seniors, did you miss the deadline to take your Senior Portrait with InMotion studios? Not to fear. Make-up portraits will take place next Wednesday 10/20 in your Gov/Econ classes. The Yearbook portrait is free but if you wish to purchase it, forms are available in your gov/econ classes.

#### WELCOME BACK TROJANS!

10/18/21 – 10/22/21

#### MONDAY

##### EARLY OUT SCHEDULE

**7:29 AM-1:29 PM**

##### TUESDAY-FRIDAY

**7:29 AM-2:29 PM**