



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



**#WeAreTrojans**

#### DAILY BREAKFAST MENU

##### Main Entrée

- Turkey Chorizo Bagel (IW)
- Cocoa Puff Pastry Bar
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

##### Fruit

- Strawberry Kiwi Juice
- Strawberries

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

- BBQ Teriyaki Bowl
- Chef Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

##### Fruit

- DOD apple slices
- Orange Slices IW

##### Vegetables

- Broccoli Bagged
- Corn

##### Sandwich Toppings

##### Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

**FRIDAY, OCTOBER 22, 2021**

#### CLUBS:

It's Friday Trojans. If you have on your black and gold, be sure to stop by the table outside the activities office and check in so you can get your points. Which class and which staff team are going to be ahead as we end the first quarter today?

Freshmen and sophomores! The creative writing club will hold its first meeting for ninth and tenth graders on Monday, October 25<sup>th</sup> in room I-12 during lunch. Bring your lunch or come after eating; we will discuss how the club should proceed, as well as what days to meet. See you there!

Freshmen and sophomores, stop by the Link Crew table at lunch on Friday to join our scavenger hunt. Stop by and grab an information sheet, look for Foothill locations and earn a prize. See you on Friday!

Attention all Trojans! Your Link Crew is holding our Halloween Carnival on Oct 27th from 5:30 to 8:30. This event will have games, food and crafts! The entire family is welcome so bring everyone of all ages to have a spooky good time! Tickets are on sale in the finance office for \$2 or find a link leader who is selling. Hurry now because the price will go up to \$4 at the gate. See you there!

Cheer tryouts are just around the corner and we will have an informational meeting on Tuesday after school in the auditorium. If you plan on trying out, you need to plan on being at the meeting. See you Tuesday.

Next week we kick off spirit week with Musical Monday. Dress up like your favorite musical artist, singer, or rapper or wear a shirt from any musical artist or group. You will earn points each day you dress up and we will also have games and activities each day at lunch. So, let's kick off quarter 2 with some fun and see which class can rack up the most points for spirit week.

Tonight the Trojans take on East for football as our team strives for a league championship and to improve on their 7 and 0 record. Let's bring the gold and black attack to East and show them what Trojan pride is. Remember, your ASB sticker gets you in free to all regular season sporting events so come on out and support your Trojans.

#### SPORTS:

**Friday, Oct. 22**

Football – at East (JV 5:00 pm/Var 7:30 pm)

**Saturday, Oct. 23**

Cross Country – at Meadow Park Invitational

**WELCOME BACK TROJANS!**

**10/18/21 – 10/22/21**

**MONDAY**

**EARLY OUT SCHEDULE**

**7:29 AM-1:29 PM**

**TUESDAY-FRIDAY**

**7:29 AM-2:29 PM**