



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

-Sausage Biscuit Sandwich

-Mini Powdered Donut

-Lucky Charms Cereal

-Honey Nut Cheerios

-Cinnamon Toast Crunch

Fruit

-Strawberry Kiwi Juice

-Fresh Pear

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

-Fried Rice & Rolls Bowl

-Chef Salad

-Extreme Burrito

-Turkey and Cheese Sandwich

-Cheeseburger

-Spicy Chicken Sandwich

-Uncrustable PBJ Sandwich

Fruit

-Cantaloupe ½ Cup Bagged

-DOD apple slices

Vegetables

-Steamed Broccoli

-Celery Stick bagged

-Sandwich Toppings

Milk

-1% Low Fat Milk

-Fat Free Chocolate Milk

-Lactaid Fat Free milk

FRIDAY, OCTOBER 1, 2021

SPORTS:

Conditioning for all girls interested in playing soccer who are not currently in a fall sport will start on Monday, Oct. 11, at 3:00 pm. We will meet at the JV girls' softball field. You must have your physical and athletic packet turned in to the athletic office before starting conditioning.

Athletes who participated in sports last year and have not received a certificate, please stop by the Athletic Office before and after school.

Attention Trojans. No food or drinks from the outside, including Uber Eats, will be allowed to be delivered, even if you have already paid.

CLUBS:

Trojans, do you like to write? Do you want a creatively free place to work on writing and share ideas with other writers? If so, you're in luck. Mr. Melgar and Mr. Willis are starting a creative writing club on campus. If you're interested, go see Mr. Melgar in room 807 during lunch or after school.

TROJANS:

Today is a Foothill Friday and at lunch you will be able to check out the items you can get with points you have earned from turning in tickets and tokens as well as participating in dress up days and other events. Head on over to the tables at the Activities Office to see all the cool stuff you can get. And if you received a special invitation yesterday, don't forget to come get your treat.

Sophomores and Juniors the PSAT will be October 13th. If you are interested in taking it, it will cost \$5. You can go to finance to sign up. If you have any questions, please come by the counseling office.

The Finance Office is closed today so we have extended your last day to purchase or make a down payment for a class or senior package until Monday. Monday will be your last chance to purchase or make a \$25 down payment on a package.

orange you glad it's



**WELCOME BACK
TROJANS!**

9/27/21 – 10/1/21

**MONDAY-FRIDAY
REGULAR SCHEDULE
7:29 AM-2:29 PM**