



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



WEDNESDAY, OCTOBER 6, 2021

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Peach Parfait
- Apple Cinnamon Oatmeal Round
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

Fruit

- Grapes IW
- Strawberry Kiwi Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Orange Chicken & Brown Rice Bowl
- Chicken Filet Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

Fruit

- Grapes IW

Vegetables

- Mixed Vegetables
- Carrots Chili/Lime
- Sandwich Toppings

Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

CLUBS:

The chess club is ready to start meeting and we want you to join us. We will meet Tuesdays and Thursdays afterschool in room I-14. See you there.

11th and 12th grade writing club members will meet in 807 tomorrow after school.

SPORTS:

Wednesday, Oct. 6

Cross Country – North (4:00 pm)

Thursday, Oct. 7

Football – North (JV 5:00 pm/Var 7:30 pm)
Volleyball – South (FS 4:00 pm/JV 5:15 pm/Var 6:30 pm)
Girls Tennis – Highland (3:30 pm)

Friday, Oct. 8

Girls Tennis - @ Wasco Tourney (Time TBD)

Saturday, Oct. 9

Girls Tennis - @ Wasco Tourney (Time TBD)
Cross Country - @ Santa Clarita Inv (Bus 6:00 am)

Girls/Boys golf meeting this Thursday: 4th period lunch Weight room, 5th period lunch Mr. Clark's room #1006

Conditioning for all girls interested in playing soccer who are not currently in a fall sport will start on Monday, Oct. 11, at 3:00 pm. We will meet at the JV girls' softball field. You must have your physical and athletic packet turned in to the athletic office before starting conditioning.

Attention Trojans. No food or drinks from the outside, including Uber Eats, will be allowed to be delivered, even if you have already paid.

TROJANS:

Sophomores and Juniors the PSAT will be October 13th. If you are interested in taking it, it will cost \$5. You can go to finance to sign up. If you have any questions, please come by the counseling office.

Tomorrow we have volleyball, football, and tennis all at home and we are going pink for breast cancer awareness. Wear pink to school and to the games and let's support our Trojans.

**WELCOME BACK
TROJANS!**

10/4/21 – 10/8/21

**MONDAY-FRIDAY
REGULAR SCHEDULE**

7:29 AM-2:29 PM