



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

- Mini Chocolate Donut
- French Toast Sticks
- Lucky Charm Cereal
- Cinnamon Toast Crunch
- Honey Nut Cheerios

###### Fruit

- Strawberry Kiwi Juice
- Apple Pink Lady

###### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

- Taco Nada
- Chicken Cesar Salad
- Extreme Burrito
- Ham Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Un crustable PBJ Sandwich

###### Fruit

- Orange

###### Vegetables

- Green Beans
- Sandwich Toppings
- Cucumber Sliced

###### Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

**MONDAY, NOVEMBER 1, 2021**

#### TROJANS:

Happy First day of November Trojans!!!



(Gobble Gobble!)

On Friday night both our JV and Varsity football teams ended the regular season by beating Mira Monte and that varsity win resulted in Foothill winning the league title. The varsity team will now move onto valley playoffs with the first game being here at Foothill this Friday night when we host the West High School Vikings. Please note that ASB stickers are not valid for playoff games in California and additionally, CIF is requiring all tickets to be purchased via their digital site, Go Fan. Those tickets should be on sale soon on their app and website.

We also want to send a congrats to Melissa Jorge for winning her first round of singles on Friday in the lady's tennis area meet. And then on Saturday the Trojan Marching Band and Colorguard swept their division at the Ridgeview competition and brought home a total of 6 trophies. Congrats Trojans, keep up the good work.

Today is the first day of November and we are moving closer to cold weather and holidays, so it is time to fill up the Trojan Pantry. We will be doing a canned food drive this week in your 2<sup>nd</sup> period classes. The two classes with the most collected will get a donut party and teachers will be able to add points to their staff team for every 25 items collected. Let's step up and help out those in need in our school community by bringing items to your 2<sup>nd</sup> period teacher all week.

#### SPORTS:

Friday, Nov. 5

Football (Playoffs vs West @ FHS)

Saturday, Nov. 6

Cross Country -Kern County Invitational @ Hart Park

Winter sports (basketball, soccer, and wrestling) have started. If you are interested in playing any of these sports, please see the coach or stop by the Athletic Office for more information.

#### **WELCOME BACK TROJANS!**

11/1/21 – 11/5/21

#### MONDAY

EARLY OUT SCHEDULE

**7:29 AM-1:29 PM**

TUESDAY-FRIDAY

**7:29 AM-2:29 PM**