



FOOTHILL HIGH SCHOOL

Home of the Trojans

TUESDAY, NOVEMBER 30, 2021

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Bacon Breakfast Pizza
- Honey Bun
- Lucky Charm Cereal
- Cinnamon Toast Crunch
- Honey Nut Cheerios

Fruit

- Fruit Punch Juice
- Banana Petite

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Rotini and Meat Sauce
- Galaxy Pepperoni Pizza
- Black Bean Burger
- Ham Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

Fruit

- Strawberry Kiwi Juice
- Apple (Gala)

Vegetables

- Carrots Ranch Snacker
- Green Beans

Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

Today is a Turn it in Tuesday and it is the last one of this month so if you have any green tickets or Trojan Tokens to turn in, be sure to bring them by the table outside of the activities office today during lunch.

This Friday will be our next Foothill Friday. If you have points to redeem, we will have the table set up outside the activities office for you to check out all the items you can purchase with your points. If you have turned in a token in the month of November, you will also have a special treat to pick up.

Trojans, it is time to break open your piggy banks, because Nickel, Dime, and Quarter days will be here next week! Show your Trojan spirit and help raise money for fellow students and their families who might be in need of some help this holiday season. The money raised will go towards the purchase of grocery gift cards. All donations will be greatly appreciated! We will be collecting nickels on Tuesday, December 7th, dimes on Wednesday, December 8th, and quarters on Thursday, December 9th during 2nd period. If you miss a day, don't worry, we will happily take your donation on any one of those three days. #WeAreTrojans

Seniors – if you did not buy a senior package and want to order a senior hoodie this is the week to do that. Orders need to be placed by lunch on Friday, December 3rd. Senior hoodies are \$40 and can be paid in the finance office.

CLUBS

Art club meeting Wednesday December 1. 4th lunch meets in room 1001 5th lunch meets in room 815 all students are welcome to come!

SPORTS

Tuesday, Nov. 30

- Boys Basketball: at Woodlake (JV 5:00pm/Var 6:30pm)
- Girls Basketball: vs. Reedley (JV 5:15pm/Var 6:30pm)
- Boys Soccer: vs. Liberty (FS 3:30pm/JV 4:30pm/Var 6:00pm)

Wednesday, Dec. 1

- Boys Basketball: vs. Mission Oak (JV 5:15pm/Var 6:30pm)
- Wrestling (Boys and Girls): at Ridgeview
- Girls Soccer: vs. Washington Union (JV 3:30pm/Var 5:00pm)

Thursday, Dec. 2

- Boys Soccer: at Centennial (FS 3:30pm/JV 4:30pm/Var 6:00pm)
- Girls Soccer: at Golden Valley (FS 3:30pm/JV 4:30pm/Var 6:00pm)

Friday, Dec. 3

- Boys Basketball: FS Tourney at Foothill

Saturday, Dec. 4

- Boys Basketball: FS Tourney at Foothill
- Boys Wrestling: at Rumble for the Rig Tourney (at North HS)
- Girls Wrestling: at Golden Valley Tourney