



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



FRIDAY, SEPTEMBER 17, 2021

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Sausage Biscuit Sandwich
- Mini Powdered Donut
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

Fruit

- Strawberry Kiwi Juice
- Fresh Pear

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Fried Rice & Rolls Bowl
- Chef Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Un crustable PBJ Sandwich

Fruit

- Cantaloupe ½ cup Bagged
- DOD apple slices

Vegetables

- Bag Celery/Carrots
- Steamed Broccoli
- Sandwich Toppings

Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

CLUBS:

Mindful Monday's group will start next week in room I-13! Are you interested in learning ways to reduce stress and increase calmness in your life? In today's rush, we all think too much, seek too much, and forget about the joy of just being! Come join us in room I-13 to learn ways to slow down and start enjoying the best version of yourself! See Mrs. Caceres in Counseling for more information.

TROJANS:

Trojans, please remember that part of honor is taking care of our campus. If you see or know of someone damaging our campus, please let a teacher or the dean's office know. Remember, we are Trojans, and this is our home. Let's take pride in keeping it nice and in being considerate about how our actions affect others.

****IDs will now be distributed in the Textbook Office****

SPORTS:

Saturday, Sept. 18

Volleyball – JV @ Golden Valley Tourney 9:30 am

There will be a quick baseball informational meeting in room I-32 immediately after school on Friday 9/17. This is also a reminder to have all paperwork turned in for this sports season before we begin fall baseball workouts.

**WELCOME BACK
TROJANS!
9/13/21 – 9/17/21**

**MONDAY-FRIDAY
REGULAR SCHEDULE
7:29 AM-2:29 PM**

