



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



**WEDNESDAY, SEPTEMBER 22, 2021**

#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

- Peach Parfait
- Apple Cinnamon Oatmeal Round
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

###### Fruit

- Strawberry Kiwi Juice
- Grapes IW

###### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

- Chicken Strips w/ Fries
- Chicken Filet Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

###### Fruit

- Orange Slices IW
- Fresh Pear

###### Vegetables

- Bag Carrots & Broccoli
- Ranch Style Beans
- Sandwich Toppings

###### Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

#### TROJANS:

Interested in participating in the Kern Science fair? The Science Fair club will meet Wednesday, afterschool in the chem lab, room 608. Come to our very first meeting. See you Wednesday, afterschool in room 608.

Trojans, please remember that part of honor is taking care of our campus. If you see or know of someone damaging our campus, please let a teacher or the dean's office know. Remember, we are Trojans, and this is our home. Let's take pride in keeping it nice and in being considerate about how our actions affect others.

Attention Trojans: if you are a ROC or CTEC student please make sure you are exiting through the main office when leaving at your designated times. The push gates are **NOT** to be used to exit campus during school hours.

#### SPORTS:

Athletes who participated in sports last year and have not received a certificate, please stop by the Athletic Office before and after school.

##### Thursday, Sept. 23

- Volleyball – North (CANCELLED)
- Girls Tennis – at East (Varsity only – 4:00 pm)
- JV Football at Wasco (Game time 5:00 pm)

##### Friday, Sept. 24

- Girls Tennis – Lewis Cup Tourney (at Garces all day)

##### Saturday, Sept. 25

- Girls FS Volleyball at Mira Monte Tournament (1<sup>st</sup> game – 9:30 am)

#### CLUBS:

In the spirit of kindness and suicide awareness week, Link Crew would like to invite you send a positive note to someone you feel needs it. Stop by our table by room 603 at lunch today and tomorrow to write a positive note to another student or staff member. We will deliver them during 4th-6th period on Friday. Let's spread some kind words to those in need.

Hey Freshmen!! Is your birthday in September? Link Crew would like you to stop by our table in the quad and celebrate this Friday at lunch. We will have a cupcake for you and games to play!

Mock Trial will meet on Friday after school at 2:45pm in 913 – Mr. Fuentes' classroom. The meeting should last 15-20 minutes. We will be introducing what Mock Trial is and hosting a signup list. Come find out what our team of lawyers and experts is all about.

**WELCOME BACK  
TROJANS!**

**9/20/21 – 9/24/21**

**MONDAY-FRIDAY  
REGULAR SCHEDULE**

**7:29 AM-2:29 PM**

