



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

#### DAILY BREAKFAST MENU

##### Main Entrée

- Turkey Ham Muffin Sandwich
- Banana Muffin
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

##### Fruit

- Fruit Punch Juice
- DOD apple slices

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

- Turkey & Gravy over Potatoes
- Galaxy Pepperoni Pizza
- Black Bean Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

##### Fruit

- Cantaloupe ½ Cup bagged
- Strawberry Kiwi Juice

##### Vegetables

- Jicama Chunks
- Mixed Vegetables
- Sandwich Toppings

##### Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free milk

**THURSDAY, SEPTEMBER 23, 2021**

#### TROJANS:

Trojans, please remember that part of honor is taking care of our campus. If you see or know of someone damaging our campus, please let a teacher or the dean's office know. Remember, we are Trojans, and this is our home. Let's take pride in keeping it nice and in being considerate about how our actions affect others.

Attention Trojans: if you are a ROC or CTEC student please make sure you are exiting through the main office when leaving at your designated times. The push gates are **NOT** to be used to exit campus during school hours.

It is fair time once again and many of our fellow Trojans are showing animals as part of the Foothill FFA program. Stop by and check out their animals any day the fair is open and look for the FHS poster to sign in and earn points for honoring our fellow Trojans.

#### SPORTS:

Athletes who participated in sports last year and have not received a certificate, please stop by the Athletic Office before and after school.

##### Thursday, Sept. 23

- Volleyball – North (CANCELLED)
- Girls Tennis – at East (Varsity only – 4:00 pm)
- JV Football at Wasco (Game time 5:00 pm)

##### Friday, Sept. 24

- Girls Tennis – Lewis Cup Tourney (at Garces all day)

##### Saturday, Sept. 25

- Girls FS Volleyball at Mira Monte Tournament (1<sup>st</sup> game – 9:30 am)

#### CLUBS:

In the spirit of kindness and suicide awareness week, Link Crew would like to invite you send a positive note to someone you feel needs it. Stop by our table by room 603 at lunch today to write a positive note to another student or staff member. We will deliver them during 4th-6th period on Friday. Let's spread some kind words to those in need.

Hey Freshmen!! Is your birthday in September? Link Crew would like you to stop by our table in the quad and celebrate this Friday at lunch. We will have a cupcake for you and games to play!

Mock Trial will meet on Friday after school at 2:45 pm in 913 – Mr. Fuentes' classroom. The meeting should last 15-20 minutes. We will be introducing what Mock Trial is and hosting a signup list. Come find out what our team of lawyers and experts is all about.

Are you interested in Anime and want to meet up with others who are too? Then you should plan on coming to room 602 on Monday at 2:45 for the first Anime Club meeting.

**WELCOME BACK  
TROJANS!**

**9/20/21 – 9/24/21**

**MONDAY-FRIDAY  
REGULAR SCHEDULE**

**7:29 AM-2:29 PM**