



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Country Glazed Calzone
- Cinnamon Coffee Crumble
- Lucky Charms Cereal
- Honey Nut Cheerios
- Cinnamon Toast Crunch

Fruit

- Strawberry Kiwi Juice
- Green Apple

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- BBQ Pulled Pork Sandwich
- Chicken Cesar Salad
- Extreme Burrito
- Turkey and Cheese Sandwich
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PBJ Sandwich

Fruit

- Fresh Peach
- Green Apple

Vegetables

- Bagged Celery/Carrots
- Zucchini Slices
- Sandwich Toppings

Milk

- 1% Low Fat Milk
- Fat Free Chocolate Milk
- Lactaid Fat Free Milk

SPORTS:

Tuesday, Sept. 28

- Volleyball – at Highland (FS 4:00 pm/JV 5:15 pm/Var 6:30 pm)
- Girls Tennis – Mira Monte (Varsity only, 4:00 pm)
- Girls Golf – SEYL Tourney (at Kern River GC 1:00 pm)

Wednesday, Sept. 29

- Cross Country – at South

Thursday, Sept. 30

- Football – at South (at Mira Monte); JV 5:00 pm/Var 7:30 pm
- Volleyball – at East (FS 4:00 pm/JV 5:15 pm/Var 6:30 pm)
- Girls Tennis – South (Varsity only, 4:00 pm)

Athletes who participated in sports last year and have not received a certificate, please stop by the Athletic Office before and after school.

Any boys interested in playing soccer this season there will be a short meeting in room I-3 for 1st lunch and room 912 for second lunch. Again, that's room I-3 for first lunch and room 912 for 2nd lunch. Mandatory conditioning starts on October 11th.

CLUBS:

Trojans, do you like to write? Do you want a creatively free place to work on writing and share ideas with other writers? If so, you're in luck. Mr. Melgar and Mr. Willis are starting a creative writing club on campus. If you're interested, go see Mr. Melgar in room 807 during lunch or after school.

Anime Club will be meeting Monday 9-27 at 2:45 in room 602

WELCOME BACK
TROJANS!

9/27/21 – 10/1/21

**MONDAY-FRIDAY
EARLY OUT SCHEDULE
7:29 AM-1:29 PM**



