



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



**WEDNESDAY, JANUARY 19, 2022**

#### #WeAreTrojans

#### DAILY BREAKFAST MENU

##### Main Entrée

Pancake Sausage on a Stick  
Apple Nada  
Lucky Charm Cereal  
Cinnamon Toast Crunch  
Honey Nut Cheerios

##### Fruit

Strawberry Kiwi Juice  
Grape Cello

##### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

Mandarin Chicken & Rice  
Bowl  
Chicken Filet Salad  
Turkey and Cheese  
Sandwich  
Extreme Burrito  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

##### Fruit

Canned Peaches

##### Vegetables

Mixed Vegetables  
Bagged Carrots

##### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

#### TROJANS

Congratulations to our boys JV basketball and boys varsity soccer teams for their wins over Highland last night including a double overtime win for the varsity boys soccer team sealed by a score from Eric Sanchez. Great job Trojans. Tonight is senior night for our Trojan Wrestlers so come on out to the gym to support them with matches starting at 6pm. Go Trojans!

The Enchanted Winter Formal will be held on January 29<sup>th</sup> and tickets are selling fast. Be sure to pick yours up from the finance office while they last. Remember that you must turn in a dance agreement to the dean's office first before purchasing your ticket.

Seniors who purchased a senior package and have not yet picked up their senior hoodie, please stop by the activities office today during lunch or after school to pick yours up.

#### SPORTS

Spring sports will start this week or next week. Athletes are needed for all sports!!! If you are interested in playing Baseball, Softball, Track and Field, Swimming, Tennis (boys), or Golf (boys), please see the coach as soon as possible or stop by the Athletic Office for more information.

All boys interested in golf, we will meet Wednesday 4th lunch in the weight room, 5<sup>th</sup> lunch Mr. Clark's room #1006. Make sure you have filled out all your paperwork.

#### Wednesday, Jan. 19

Wrestling: vs. Mira Monte (Boys/Girls), 5:00pm (Senior Night for both Foothill and Mira Monte)

#### Thursday, Jan. 20

Boys Basketball: at East (JV 5:15pm/Var 6:30pm)

Girls Basketball: JV vs. East, 5:15pm

Boys Soccer: JV/Var at East, 4:30pm/6:15pm

Girls Soccer: FS/JV vs. East, 3:30pm/4:30pm

#### CLUBS

Want to join the mariachi club? Do you play the violin, trumpet, guitar, or vihuela? We are having a meeting Thursday during both lunches for information about the club in room 804. If you can't join the class, then join the club, play, and make friends who enjoy mariachi music!

#### WELCOME BACK TROJANS!

1/18/22 – 1/21/22

#### MONDAY

**No School**

#### TUESDAY-FRIDAY

**7:29 AM-2:29 PM**