



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

#### DAILY BREAKFAST MENU

##### Main Entrée

Sausage Biscuit Sandwich

Apple Cinnamon Oatmeal  
Round

Lucky Charm Cereal  
Cinnamon Toast Crunch

Honey Nut Cheerios  
**Fruit**

Strawberry Kiwi Juice  
Raspberries

**Milk**  
1% Low Fat Milk  
Lactaid Fat Free Milk

Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

Fried Rice & Rolls Bowl  
Chef Salad

Extreme Burrito  
Turkey and Cheese  
Sandwich

Cheeseburger  
Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

**Fruit**  
Apple Granny Smith

##### Vegetables

Steamed Broccoli  
Corn

**Milk**  
1% Low Fat Milk  
Lactaid Fat Free Milk

Fat Free Chocolate Milk

FRIDAY, JANUARY 21, 2022

#### TROJANS

Trojans, if you need to see your counselor regarding your schedule, you need to fill out the request form by using the QR code you can find in your classroom or on the school website or Instagram. If you have already submitted one, please be patient as we are working through them.

Today is your last chance to purchase a ticket for the Enchanted Forest Winter Formal for \$65. The price goes up to \$70 on Monday and sales will close on Wednesday if we have any left at that time so be sure to get yours while they last and join us for an evening of dinner, dancing, and more at the Bakersfield Country Club.

The Trojan Pantry will be open today afterschool in room 606 Trojans so come on by if you need to pick up any food or clothing items for you or your family. The Trojan Panty is open to all Foothill students.

Fall season may have last season, but we aren't missing out on an opportunity to celebrate our league champion football team. For a limited time we will be taking orders for championship shirts and hoodies in the finance office. See more info on the school website or Instagram for more information or stop by the finance office.

#### SPORTS

Spring sports will start this week or next week. Athletes are needed for all sports!!! If you are interested in playing Baseball, Softball, Track and Field, Swimming, Tennis (boys), or Golf (boys), please see the coach as soon as possible or stop by the Athletic Office for more information.

#### Friday, Jan. 21

Girls Wrestling: at Highland Invitational

**WELCOME BACK TROJANS!**

1/18/22 – 1/21/22

**MONDAY**

**No School**

**TUESDAY-FRIDAY**

**7:29 AM-2:29 PM**