



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

THURSDAY, OCTOBER 13, 2022

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

EggStravaganza Bowl
Mapple Waffle
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Apple Slices

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Chicken Drumstick w/ Mac
& Cheese
Sicilian Pizza
Black Bean Burger
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice
Apple Slices

Vegetables

Bagged Celery Sticks
Mixed Vegetables

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

TROJANS

Seniors – tomorrow during 2nd period we will be taking the senior panoramic picture. We encourage you to wear your favorite FHS shirt or swag and let's make sure the picture of the class of 2023 shows our Trojan Pride. Check our Instagram post or your school email for more details.

Sophomores and Juniors, if you are interested in taking an ROC or CTEC program next school year the representative will be on campus Tuesday, October 25th during lunch by the snack bar. Stop by and ask your questions and find out when the application will open.

On Wednesday the 26th we will hold our annual Link Crew Carnival. This is a family friendly event with fun activities for all ages. Tickets can be purchased ahead of time for \$3 or at the event for \$5.

On Friday the 28th we be our Halloween dance. Tickets are \$8 with an ASB sticker and \$10 without. You can also take advantage of the Spooky Special and get your dance and carnival tickets together and save money. See the finance office or school Instagram for more information.

CLUBS

Drama Club is finally back in person! Today, Oct. 13 at lunch in room L3, at the back of the auditorium! We will play some Improv Games! See you then!

Star Wars Club is meeting Today during lunch in room 708. We will be voting, setting goals, listing possible club activities, and watching The Mandalorian.

Would you be willing to brighten someone's day? Come eat lunch and hangout with our Special Friends! You can earn community service time for your participation. See Mr. Anthony in 820.

Attention all FHS students. Do you want to get Involved. La Raza Club will meet today Oct. 13 during Lunch in Room 1-6. After a few years, we are back to start this school year with great activities. Grab your Lunch and come to find out what this club is all about. This is a Cultural Club if you want to get involved. Come to Mr. Henriquez's class and join. We will see you there.

SPORTS

Girls' soccer conditioning has started. You must have a physical and athletic packet turned in to the athletic office in order to participate. If you are interested in playing soccer this year, please come to room 701 and get more information from Coach Garcia.

Thursday, Oct. 13

Volleyball: vs. Arvin (FS 4pm/JV 5pm/Var 6:15pm); FS excused at 3:00pm

Girls Tennis: Varsity at Mira Monte (3:30pm, van 2:30pm, excused 2:15pm); JV vs. Mira Monte (3:30pm, excused 2:30pm) **SENIOR NIGHT**

Friday, Oct. 14

Football: at Arvin (JV 5pm/Var 7:30pm); JV bus 2pm, excused 1:45pm; Varsity bus 5:00pm
Cross Country: at Roughrider Invitational (Woodward Park); excused at 10:15am