



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Sausage Biscuit Sandwich
Apple Cinnamon Oatmeal
Round

Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Orange

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Dumplings and Fried Rice
Chef Salad
Extreme Burrito
Turkey, and Cheese Sub
Cheeseburger

Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Applesauce Unsweetened
Granny Smith Apple

Vegetables

Corn
Steamed Broccoli

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

FRIDAY, OCTOBER 14, 2022

TROJANS

Trojans, if you ordered a Pink Out shirt, they will be available for pick up from the Activities Office today after school, Monday before school, and Monday during lunch.

Spooky season is upon us Trojans and we have 2 fun ways for you to celebrate. On Wednesday the 26th we will hold our annual Link Crew Carnival. This is a family friendly event with fun activities for all ages. Tickets can be purchased ahead of time for \$3 or at the event for \$5. And then on Friday the 28th we be our Halloween dance. Tickets for the dance are \$8 for students with an ASB sticker and \$10 without. You can also take advantage of the Spooky Special and get your dance and carnival tickets together and save money. Combine your dance and carnival ticket for just \$9 with an ASB sticker and \$11 without. See the finance office or school Instagram for more information.

Sophomores and Juniors, if you are interested in taking an ROC or CTEC program next school year the representative will be on campus Tuesday, October 25th during lunch by the snack bar. Stop by and ask your questions and find out when the application will open.

CLUBS

Would you be willing to brighten someone's day? Come eat lunch and hangout with our Special Friends! You can earn community service time for your participation. See Mr. Anthony in 820.

SPORTS

Girls' soccer conditioning has started. You must have a physical and athletic packet turned in to the athletic office in order to participate. If you are interested in playing soccer this year, please come to room 701 and get more information from Coach Garcia.

Friday, Oct. 14

Football: at Arvin (JV 5:00pm/Var 7:30pm); JV bus 2:00pm, excused 1:45pm; Varsity bus to Arvin 5:00pm; VANS returning varsity
Cross Country: at Roughrider Invitational (Woodward Park – Clovis); bus at 10:30am, excused at 10:15am

WELCOME BACK TROJANS!

10/10/22 – 10/14/22

MONDAY

Early Out

TUESDAY- FRIDAY

8:30 AM-3:25PM

FRIDAY

Lunch Activity

Performance:

Grupo

&

Senior Panoramic
Picture during 2nd
Period