



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN

**WEDNESDAY, OCTOBER 19, 2022**

#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

Turkey Chorizo Bagel  
Honey Bun

Lucky Charm Cereal  
Cocoa Puffs Cereal  
Honey Nut Cheerios

###### Fruit

Strawberry Kiwi Juice  
Grapes

###### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

Orange Chicken & Fried Rice  
Chicken Filet Salad  
Taco Nada  
Extreme Burrito  
Turkey, and Cheese Sub  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

###### Fruit

Applesauce Unsweetened  
Orange

###### Vegetables

Mixed Vegetables  
Bagged Carrots

###### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

#### TROJANS

Sophomores and Juniors, if you are interested in taking an ROC or CTEC program next school year the representative will be on campus Tuesday, October 25<sup>th</sup> during lunch by the snack bar. Stop by and ask your questions and find out when the application will open.

#### CLUBS

Art club meeting this Thursday during lunch in room 1001, come by to make some art and have some fun, all students are welcome.

History club meeting in Mr. Rose's class (Room 912) on Thursday at lunch. Please bring ideas for club t shirt designs and activities for the year!! All students are welcome to be part of the best club on campus!!

Youth For Justice will be having our first meeting Friday at lunch in room 913. If you care about social justice issues like racial and gender equality, immigrant rights, and food access, join us on Friday to find out what we're about!

Would you be willing to brighten someone's day? Come eat lunch and hangout with our Special Friends! You can earn community service time for your participation. See Mr. Anthony in 820.

#### SPORTS

Girls' soccer conditioning has started. You must have a physical and athletic packet turned in to the athletic office in order to participate. If you are interested in playing soccer this year, please come to room 701 and get more information from Coach Garcia.

There will be an informational baseball meeting today, October 19<sup>th</sup> in room 709 @ lunch. Anyone interested in playing baseball this year should attend.

##### Wednesday, Oct. 19

Cross Country: at Golden Valley; 4:00pm; Bus 2:00pm (excused at 1:45pm)

Girls Tennis: SYHL Championships; Var at Mira Monte 11:00am (excused 9:30am); JV at Foothill 11:00am (excused at 9:45am)

##### Thursday, Oct. 20

Volleyball: at Mira Monte; FS 4:00pm/JV 5:15pm/Var 6:15pm; bus 2:00 (excused 1:45pm)

Girls Tennis: SYHL Championships; Var at Mira Monte (Time TBD); JV at Foothill **1:00pm** (excused at 11:45am)

##### Friday, Oct. 21

Football: at Golden Valley; JV 5:00pm/Var 7:30pm; bus for JV 2:00pm (excused at 1:45pm); bus for Vars 5:00pm, return to Foothill in vans

##### Saturday, Oct. 22

Cross Country: at Meadow Park Invitational (San Luis Obispo); bus 5:00am