



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

FRIDAY, OCTOBER 21, 2022

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Maple & Brown Sugar
Oatmeal Cup
Mini Breakfast Cluster
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Fresh Strawberries

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Taco Stick
Extreme Burrito
Chef Salad
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Applesauce Unsweetened
Granny Smith Apple
Vegetables
Steamed Broccoli
Mexican Street Corn

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

Happy Friday Trojans!!!

TROJANS

Hey Trojans, as we hit the last week of October and prep for senior nights for cross country, football, cheer, band, and colorguard that means next week is a rally week for us! And what does that mean? It means opportunities for you to dress up, play games, earn points, compete, and have some fun. We kick it off Monday with a flash forward to when we are all old. That's right, Monday's dress up day is Senior Citizen Day so dress up as little old men and women, grandpas, and abuelitas. Remember to check in at the activities office table to get points. We will also be doing some special drawings each day for all who check in. You can see the full list of dress up days on the school Instagram.

Sophomores and Juniors, if you are interested in taking an ROC or CTEC program next school year the representative will be on campus Tuesday, October 25th during lunch by the snack bar. Stop by and ask your questions and find out when the application will open.

CLUBS

Youth For Justice will be having our first meeting today at lunch in room 913. If you care about social justice issues like racial and gender equality, immigrant rights, and food access, join us on Friday to find out what we're about!

Anime Club will have its second meeting today in room 816 during lunch. Come and join us to start watching our first episode together. Everyone is welcome. Hope to see you there.

Would you be willing to brighten someone's day? Come eat lunch and hangout with our Special Friends! You can earn community service time for your participation. See Mr. Anthony in 820.

Join us for the first Project Lit Book Club meeting on Wednesday, October 26th. In the library at lunch. Bring your lunch to the library.

SPORTS

Girls' soccer conditioning has started. You must have a physical and athletic packet turned in to the athletic office in order to participate. If you are interested in playing soccer this year, please come to room 701 and get more information from Coach Garcia.

Friday, Oct. 21

Football: at Golden Valley; JV 5:00pm/Var 7:30pm; bus for JV 2:00pm (excused at 1:45pm); bus for Vars 5:00pm, return to Foothill in vans

Saturday, Oct. 22

Cross Country: at Meadow Park Invitational (San Luis Obispo); bus 5:00am