



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

TUESDAY, OCTOBER 4, 2022

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Cinnamon Toast Soft Filled
Bar

Peach Parfait

Lucky Charm Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

Fruit

Fruit Punch Juice

Petite Banana

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Chicken Alfredo Pasta

Sicilian Pizza

Black Bean Burger

Turkey, American Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice

Apple

Vegetables

Corn

Grape Tomatoes

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

TROJANS

Trojans, today is Tuesday which means it's a chance for you to turn in tokens and tickets at the table outside the Activities Office. Get those items turned in to help you and your class earn points. If you want to know what kinds of things you can get with your points, be sure to check out the display in the cafeteria.

Finally, after almost 3 years, we are excited to bring back Blood Drives to campus! In less than one hour, you can help save 3 lives by donating blood right here on campus. Mark your calendar for October 12! For more information or to pick up a permission slip, stop by Ms. Miller's office in the Counseling office. Thank you to those who have already turned in their forms! On October 11th, you will get your appointment time emailed to you so make sure to check your school email! On the day of the Blood Drive, you will get a call slip with your appointment time, so your teachers know to let you come down. There is still plenty of time to sign up!

Students, if you need some community service hours, stop by Room 608 for information. You would be helping at a pumpkin patch at the church on Niles and Oswell.

Looking to volunteer and earn some community service hours this weekend? The Cruizin 4 Charity Car show is looking for volunteers for Friday evening & Saturday. Please see Ms. Ward in the counseling office if you are interested.

CLUBS

Math Club will meet during lunch Tuesday October 4th in Ms. Neville's room 716. See you then!

Art club meeting this Thursday! We will be announcing officers and have an art activity to do all are welcome! Meet at lunch in room 1001.

History club meeting will be Thursday at lunch in Mr. Rose's classroom (Rm 912) We will be electing officers, going over some of the activities for this year!! All students are welcome!! Come join the fun!!! History club!!

SPORTS

Fall Athletes, this is a reminder that this Friday after school will be your picture day. See your coach, the athletic office, or the school Instagram for picture ordering information.

Tuesday, Oct. 4

Volleyball: vs. Mira Monte (FS excused at 3:00pm) (FS 4:00pm/JV 5:00pm/Var 6:15pm)

Girls Tennis: Varsity at Kennedy (Delano – excused at 2:00pm); JV vs. Del Oro (excused at 3:00pm)

Wednesday, Oct. 5

Girls Tennis: vs. Independence (Var 4:00pm – excused at 3:00pm); JV at Independence (4:00pm – leave at 2:45pm, excused at 2:30pm)

Cross Country: Dual meet vs. Del Oro (4:00pm – excused at 3:00pm)

Thursday, Oct. 6

Volleyball: vs. East (FS excused at 3:00pm) (FS 4:00pm/JV 5:00pm/Var 6:15pm)

Girls Tennis: Varsity vs. Arvin (4:00pm – excused at 3:00pm); JV at Arvin (4:00pm – leave at 2:45pm, excused at 2:30pm)

Friday, Oct. 7

Fall Sports Pictures – all fall sports except football, After school at various sites on campus

Saturday, Oct. 8

Cross Country – at Santa Clarita Invitational (bus 6:00am)

