



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Turkey Chorizo Bagel
Honey Bun

Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Orange Chicken & Fried Rice

Chicken Filet Salad

Taco Nada

Extreme Burrito

Turkey, American Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Applesauce Unsweetened

Orange

Vegetables

Mixed Vegetables

Bagged Carrots

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

Finally, after almost 3 years, we are excited to bring back Blood Drives to campus! In less than one hour, you can help save 3 lives by donating blood right here on campus. Mark your calendar for October 12! For more information or to pick up a permission slip, stop by Ms. Miller's office in the Counseling office. Thank you to those who have already turned in their forms! On October 11th, you will get your appointment time emailed to you so make sure to check your school email! On the day of the Blood Drive, you will get a call slip with your appointment time, so your teachers know to let you come down. There is still plenty of time to sign up!

Students, if you need some community service hours, stop by Room 608 for information. You would be helping at a pumpkin patch at the church on Niles and Oswell.

Looking to volunteer and earn some community service hours this weekend? The Cruizin 4 Charity Car show is looking for volunteers for Friday evening & Saturday. Please see Ms. Ward in the counseling office if you are interested.

CLUBS

Art club meeting this Thursday! We will be announcing officers and have an art activity to do all are welcome! Meet at lunch in room 1001.

History club meeting will be Thursday at lunch in Mr. Rose's classroom (Rm 912) We will be electing officers, going over some of the activities for this year!! All students are welcome!! Come join the fun!!! History club!!

Anime Club is starting up! We will be having our first meeting in room 816, this Friday October 7. All Student are welcome to attend!

SPORTS

Wednesday, Oct. 5

Girls Tennis: vs. Independence (Var 4:00pm – excused at 3:00pm); JV at

Independence (4:00pm – leave at 2:45pm, excused at 2:30pm)

Cross Country: Dual meet vs. Del Oro (4:00pm – excused at 3:00pm)

WELCOME BACK TROJANS!

10/3/22 – 10/7/22

MONDAY

Early Out

TUESDAY- FRIDAY

8:30 AM-3:25PM

WEDNESDAY

Senior

**Parent/Guardian
Info Night @ 6pm in
the Auditorium**

THURSDAY

**Coffee With the
Principal: 9am &
6pm @ cafeteria**

FRIDAY

**Staff Breakfast by
the English Dept.**

Thursday, Oct. 6

Volleyball: vs. East (FS excused at 3:00pm) (FS 4:00pm/JV 5:00pm/Var 6:15pm)

Girls Tennis: Varsity vs. Arvin (4:00pm – excused at 3:00pm); JV at Arvin (4:00pm – leave at 2:45pm, excused at 2:30pm)

Friday, Oct. 7

Fall Sports Pictures – all fall sports except football, After school at various sites on campus

Saturday, Oct. 8

Cross Country – at Santa Clarita Invitational (bus 6:00am)

