



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Maple & Brown Sugar
Oatmeal Cup
Mini Breakfast Cluster
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Fresh Strawberries

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Taco Stick
Extreme Burrito
Chef Salad
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Applesauce Unsweetened
Granny Smith Apple
Vegetables
Steamed Broccoli
Mexican Street Corn

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

FRIDAY, OCTOBER 7, 2022

TROJANS

Finally, after almost 3 years, we are excited to bring back Blood Drives to campus! In less than one hour, you can help save 3 lives by donating blood right here on campus. Mark your calendar for October 12! For more information or to pick up a permission slip, stop by Ms. Miller's office in the Counseling office. Thank you to those who have already turned in their forms! On October 11th, you will get your appointment time emailed to you so make sure to check your school email! On the day of the Blood Drive, you will get a call slip with your appointment time, so your teachers know to let you come down. There is still plenty of time to sign up!

Students, if you need some community service hours, stop by Room 608 for information. You would be helping at a pumpkin patch at the church on Niles and Oswell.

Looking to volunteer and earn some community service hours this weekend? The Cruizin 4 Charity Car show is looking for volunteers for Friday evening & Saturday. Please see Ms. Ward in the counseling office if you are interested.

CLUBS

Anime Club is starting up! We will be having our first meeting in room 816, today October 7. All Student are welcome to attend!

SPORTS

Swimming will meet today at lunch in room 808 to introduce club officers and discuss the upcoming schedule.

All boys interested in playing soccer, mandatory practices start on Monday oct.10th at 3:45 pm. Make sure your sports physical paperwork is completed and that you show up with some running shoes behind the gym on Monday.

Friday, Oct. 7

Fall Sports Pictures – all fall sports except football, After school at various sites on campus

Saturday, Oct. 8

Cross Country – at Santa Clarita Invitational (bus 6:00am)

WELCOME BACK TROJANS!

10/3/22 – 10/7/22

MONDAY

Early Out

TUESDAY- FRIDAY

8:30 AM-3:25PM

FRIDAY

Staff Breakfast by the English Dept.