



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Maple & Brown Sugar
Oatmeal Cup
Mini Breakfast Cluster
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Fresh Strawberries

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Meatball Sub
Extreme Burrito
Chef Salad
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J
Sandwich

Fruit

Applesauce Unsweetened
Granny Smith Apple

Vegetables

Zucchini Coins
Ranch Style Beans

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

Happy Friday!!!

TROJANS

Congrats to our Varsity Girls Basketball team for their win over Woodlake last night, to our Varsity Boys Soccer team who beat Delano in overtime last night, to our JV Girls Soccer team for their win over Delano, and our Frosh Soph Girls Soccer team who beat East. That's lots of wins Trojans and the seasons have just begun. But that's not all the congrats we have. Yesterday was the valley meet for Cross Country and Ozni Boyar was a top finisher coming in 7th overall, but we add to that with a 3rd place valley finish for our Boys Cross Country team who also qualified to go to state championships next week. Congrats to the team and Coach Contreras.

Seniors, today is the deadline to submit baby pictures and senior quotes for the yearbook. For more information check your school email or the yearbook account on Instagram: @fhstrojans.yearbook

Are you looking for a new way to express yourself and learn some new skills? The Foothill Colorguard is looking to add a few more members to their winter production. If you are interested in trying out for colorguard, join us on the Tuesday evening after we come back for tryouts in the cafeteria at 5:30. See the post on Instagram for more information.

CLUBS

Anime Club will be meeting today in room 816. All students are welcome to join and watch anime.

SPORTS

Friday, Nov. 18

Boys Basketball: Var at Mira Monte Tourney (bus 12:45pm, excused 12:30pm)

Girls Basketball: JV at Foothill Tourney (3:00pm, excused 1:45pm); FS at West Tourney (bus 2:00pm, excused 1:45pm)

Saturday, Nov. 19

Boys Basketball: Var at Mira Monte Tourney (Bus TBD); JV at Liberty Tourney (Bus TBD)

Girls Basketball: JV at Foothill Tourney (Game Time TBD); FS at West Tourney (Bus TBD)

Girls Wrestling: at Redwood Tourney (2 vans)

**WELCOME
BACK
TROJANS!**

11/14/22 –
11/18/22

FRIDAY
Out at 1:25pm