



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

TUESDAY, NOVEMBER 29, 2022

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

French Toast Sticks
Cinnamon Coffee Crumble
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Granny Smith Apple

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Popcorn Chicken Bowl
Chicken Caesar Salad
Extreme Burrito
Turkey, and Cheese Sub
Cheeseburger

Spicy Chicken Sandwich
Uncrustable PB&J

Sandwich

Fruit

Petite Banana
Pear

Vegetables

Sliced Cucumber
Ranch Style Beans

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

TROJANS

Attention Junior students...Are you interested in an exciting and great leadership program where you can make a difference in your community, strengthen your leadership skills, and connect with other students in our community? Then the Ford Dimension may be for you. To qualify you must have a 3.7 GPA, be involved in school or extracurricular activities, and enrolled in AP/Honor classes. There is a mandatory informational night on Monday, 12/5/2022. Please drop by the counseling office to see Ms. Ward for more information and to attend.

The Winter Formal will take place on January 21st and tickets will be going on sale very soon. The formal has sold out the last 3 years we have had it, so plan ahead and buy early. You must have a current school ID and a dance agreement form on file to purchase a ticket. Dance agreements will be available for pick up soon but you can take care of your ID issue today if you still need one. Don't wait til you need it and then have to wait. Go to the textbook room at lunch, after school, or before school if you need to order an ID. And watch Instagram and listen to the announcements for upcoming information.

CLUBS

Project Lit meeting Wednesday, November 30th at lunch in the library.

Game club will be meeting on Friday in room I-10 and D&D will take place on Thursday after school in I-10 and that students should still come for a one-shot if the DM is not there.

SPORTS

Softball starts on December 5th and will go 3 days a week Monday/Wednesday/Friday. Student interested must have a completed physical turned in to the athletics office. If you have not yet completed your sports physical, you can do a free walk-in at Priority Urgent Care you just need a parent or guardian present.

Tuesday, Nov. 29

Boys Soccer: (FS 3:30pm/JV 4:45pm/Var 6:00pm)

Wednesday, Nov. 30

Boys Basketball: at Delano (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm (students excused 1:45pm)

Girls Basketball: Varsity at Corcoran Tourney (3:30pm); 2 vans 1:00pm (students excused 12:45pm)

Boys/Girls Wrestling: vs. Liberty (JV 5:00pm/Girls 6:00pm/Boys 7:00pm)

Girls Soccer: vs. Woodlake (JV 4:30pm/Var 6:00pm)



WELCOME BACK TROJANS!

11/28/22 – 12/2/22

MONDAY

Early Out

TUESDAY- FRIDAY

8:30 AM-3:25PM

THURSDAY

**Trojan Band and
Color guard in
Bakersfield
Christmas Parade
Downtown (and on
Tv)**

FRIDAY

**Band/Cologuard
Christmas Tree &
Wreath Pick up at
Tennis Courts @
3:30-6pm**

Thursday, Dec. 1

Girls Basketball: Varsity at Corcoran Tourney (3:30pm); 2 vans 1:00pm (students excused 12:45pm); FS at Independence Tourney (4:00pm), bus at 2:00pm, (students excused at 1:45pm)

Boys Soccer: vs. Highland (FS 3:30pm/JV 4:45pm/Var 6:00pm)

Girls Soccer: at Highland (FS 3:30pm/JV 4:45pm/Var 6:00pm); bus at 2:00pm (students excused at 1:45pm)

Friday, Dec. 2

Boys Basketball: FS at Foothill Tourney (4:40pm)

Girls Basketball: Varsity at Corcoran Tourney (6:30pm); 2 vans 4:00pm; FS at Independence Tourney (4:00pm), bus at 2:00pm, (students excused at 1:45pm)

Girls Wrestling: at Monache Tourney (2 vans 6:00am)

Saturday, Dec. 3

Boys Basketball: FS at Foothill Tourney (Time TBD)

Girls Basketball: Varsity at Corcoran Tourney (2 vans – Time TBD); FS at Independence Tourney (bus TBD)

Girls Wrestling: at Monache Tourney (2 vans 6:00am)

