



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

##### DAILY BREAKFAST

###### MENU

###### Main Entrée

Country Breakfast Calzone

Cinnamon Coffee Crumble

Lucky Charm Cereal

Cinnamon Toast Crunch

Honey Nut Cheerios

###### Fruit

Strawberry Kiwi Juice

Apple Pink Lady

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Cholcolate Milk

##### DAILY LUNCH

###### MENU

###### Main Entrée

BBQ Pulled Pork Sandwich

Chicken Cesar Salad

Extreme Burrito

Turkey and Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

###### Fruit

Petite Banana

Pear

###### Vegetables

Steamed Carrot Coins

Zucchini Coins

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Cholcolate Milk

MONDAY, FEBRUARY 28, 2022

#### TROJANS

*This year's black history theme is quotes from African American Politicians, "A nation is formed by the willingness of each of us to share in the responsibility for upholding the common good." - Barbara Jordan*

Trojans, this Wednesday in the quad after school will be the fourth of 12 #WeAreTrojans Wednesdays. Ever wanted to have a green thumb? Come and plant your own plant to take home and care for. All weekly participants will earn Trojan Tickets.

Sophomores and Juniors, if you are interested in ROC for the next school year, you need to submit an application. The deadline is March 11<sup>th</sup>. If you need assistance with the application or need more information about ROC, come by the counseling office.

The Foothill High School Performing Arts Department are happy to invite you to our upcoming concert 37<sup>th</sup> annual Jazz Coffeehouse, Thursday-Saturday at 7pm. Admission will be \$7 every evening with all the free coffee, tea, and hot chocolate to drink. Pastries will be sold for \$1.

The Chamber Singers and Jazz Band have been working extremely hard to make this one of the best coffeehouses ever, and we hope you will join us!

#### SPORTS

##### Tuesday, March 1

Softball: at Ridgeview (Var/JV – 3:30pm); FS vs. Ridgeview (3:30pm)

Boys Tennis: at Golden Valley (Var only – 3:30pm)

##### Wednesday, March 2

Baseball: vs. Arvin (Var/JV only – 3:30pm)

Softball: Varsity at North Turney (vs. St. Joseph (at BC 1:00pm))

##### Thursday, March 3

Softball: Varsity at North Turney (vs. Tehachapi (at North HS – 2:45pm))

Boys Tennis: vs. Delano (3:30pm)

##### Friday, March 4

Softball: Varsity at North Turney (vs. TBD); JV at Wasco Turney (vs. Kennedy 1:40pm; vs. Tehachapi 4:20pm); FS at Kern Valley (3:15pm)

Swimming: at Shafter (at BC 3:30pm)

Track: at EB Relays (at East 9:00am)

##### Saturday, March 5

Softball: Varsity at North Turney (vs. TBD); JV at Wasco Turney (vs. Frontier 11:30am; vs. TBD); FS at Golden Valley Turney (vs. West (9:00am); Cesar Chavez (10:15am); Frontier (11:30am)

#### WELCOME BACK TROJANS!

2/28/22 – 3/4/22

##### MONDAY

**7:29 AM-1:29 PM**

##### TUESDAY-FRIDAY

**7:29 AM-2:29 PM**