



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

Sausage Buscuit Sandwich  
Apple Cinnamon Oatmeal

Round

Lucky Charm Cereal

Cinnamon Toast Crunch

Honey Nut Cheerios

###### Fruit

Strawberry Kiwi Juice

Orange

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Cholcolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

Fried Rice & Rolls Bowl  
Chef Salad

Extreme Burrito

Turkey and Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

###### Fruit

Granny Smith Apple

###### Vegetables

Steamed Broccoli

Corn

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Cholcolate Milk

**FRIDAY, FEBRUARY 4, 2022**

#### TROJANS

*February is Black History Month and this year's black history theme is quotes from African American Politicians and today's is from the first Female Black American Senator, Carol Moseley Braun who said "Well, if you pick a fight with somebody that's smaller than you and you beat them, where's the honor in that?"*

Trojans, this next Wednesday in the quad after school kicks off our first of 12 #WeAreTrojans Wednesdays. Next week will be a Ping Pong tournament for both staff and students with prizes for the winners. All weekly participants will earn Trojan Tickets. Check out the table at lunch near the activities office any day next week to pick up a calendar of events or you can see them on the school website or Instagram.

Sophomores and Juniors, if you are interested in ROC for the next school year, you need to submit an application. The deadline is March 11<sup>th</sup>. If you need assistance with the application or need more information about ROC, come by the counseling office.

Our Yearbook's theme this year is An Eastside Story. Last day to purchase your yearbook is February 25<sup>th</sup> for \$85. You can pay at the finance office or on the Josten's website. Also, if you have already purchased a 2022 yearbook or are planning to purchase one, you have a chance to also purchase last year's yearbook for a discounted price of \$45. Purchases can be made at the finance office.

#### CLUBS

The Foothill Band Club will be doing a Valentine-themed photo booth and Valentine's grams for that special someone. Photo prices will be \$3 for a 4 x 6 and \$5 for a 5 x 7. Small grams are \$3 for a flower and a treat. Medium grams will be \$5 for a message and a small bag of treats. Both photos and grams will be sold on February 7<sup>th</sup> at both lunches. Don't forget to bring your money! The photos and grams will be delivered 1<sup>st</sup> period on Friday, February 11th just in time for Valentine's Day.

Calling all students! We are holding our second annual virtual art show hosted by the Foothill art club. The theme is "Expressions of Love" any media of art will be accepted from today to 2/11. If you are interested in submitting work, please snap the QR code or click on the link on ASB's Instagram, the school website or flyer on the activity's office and around school. Prizes will be given! Questions? contact Mrs. Sherwyn in room 1001 or Miss. Blain in room 815.

Remember, there is a meeting of the mariachi club after school to practice at 2:30 in room 804! We'll see you there.

#### WELCOME BACK TROJANS!

1/31/22 – 2/4/22

#### MONDAY

**Early out Schedule**

#### TUESDAY-FRIDAY

**7:29 AM-2:29 PM**

## **SPORTS**

Spring sports have started. Athletes are needed for all sports!!! If you are interested in playing Baseball, Softball, Track and Field, Swimming, Tennis (boys), or Golf (boys), please see the coach as soon as possible or stop by the Athletic Office for more information.

The baseball team is selling Car Wash tickets for our Drive-thru Car Wash the rest of this week for \$10 a ticket. Car Wash will take place at the student drop off on Saturday, February 5<sup>th</sup> from 9am - 12 pm.

### **Saturday, Feb. 5**

Boys Basketball: vs. North (Varsity only); North HS New Gym 9:00am

Girls Basketball: vs. East (Varsity only); North HS Old Gym 9:00am; vs.  
Highland (Varsity only) – North HS Old Gym 12:00pm