



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Cinnamon Roll
French Toast Sticks
Lucky Charm Cereal
Cinnamon Toast Crunch
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Granny Smith Apple

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Taco Nada
Chicken Cesar Salad
Extreme Burrito
Turkey and Cheese Sandwich
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Orange
Vegetables
Green Beans
Sliced Cucumber
Milk
1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

This year's black history theme is quotes from important black politicians and today's comes from former congressman and senator Julian Bond who said "I tell young people to prepare themselves as best they can for a world that grows more challenging every day-get the best education they can, and couple that education with real-life experience in social justice work."

Trojans, This Wednesday in the quad after school kicks off our first of 12 #WeAreTrojans Wednesdays. This Wednesday will be a Ping Pong tournament for both staff and students with prizes for the winners. All weekly participants will earn Trojan Tickets. Check out the table at lunch near the activities office to pick up a calendar of events or see them on the school website.

It's rally week Trojans, did you remember to gear up for the Olympics today in your workout wear? If so, remember to check in at the table to get your points. We will also be playing some cup stacking games today at lunch so come on by and play. Tomorrow's dress up day is Rep your team so we want to see you wearing your favorite jersey or other sports gear. Remember that you can check in each day to add points to your total.

Time is running out to order your copy of this years yearbook. The last day to order will be the 25th of this month. You can purchase on campus in the finance office or online at Jostens.com.

CLUBS

The Foothill Band Club will be doing a Valentine-themed photo booth and Valentine's grams for that special someone. Photo prices will be \$3 for a 4 x 6 and \$5 for a 5 x 7. Small grams are \$3 for a flower and a treat. Medium grams will be \$5 for a message and a small bag of treats. Both photos and grams will be sold on February 7th at both lunches. Don't forget to bring your money! The photos and grams will be delivered 1st period on Friday, February 11th just in time for Valentine's Day.

"Are you creative? Do you have drawings, paintings, photography, and other art just lying around? Do you like getting spirit points!? Do you like prizes!? If you said yes to any of those questions, you should be submitting art to the virtual art show! Submissions are due by this Friday. See school website, ASB Instagram or flyers for submission information. And staff don't forget you can submit to!"

WELCOME BACK TROJANS!

2/7/22 – 2/11/22

MONDAY

Early out Schedule

TUESDAY-FRIDAY

7:29 AM-2:29 PM

MONDAY

Gear Up for Competition (Work out Gear)

TUESDAY

Rep your Team (Jerseys/Team Gear)

WEDNESDAY

Olympic Colors (Red, Green, Blue, Yellow, or Black)

THURSDAY

Tacky Tourist/Rep Your Country (National Colors/Look like a Tourist)

FRIDAY

#WeAreTrojans (Breakout that Black and Gold!) & Winter Rally Between 2nd & 3rd

SPORTS

Monday, Feb. 7

Girls Soccer: vs. East (FS 3:30pm/JV 4:30pm/Var 6:15pm)

Tuesday, Feb. 8

Boys Basketball: vs. East (JV 5:15pm/Var 6:30pm) SENIOR NIGHT

Girls Basketball: at East (JV 5:15pm/Var 6:30pm)

Boys Soccer: vs. East (FS 3:30pm/JV 4:30pm/Var 6:15pm) SENIOR NIGHT

Girls Soccer: at East (FS 3:30pm/JV 4:30pm/Var 6:15pm)

Wednesday, Feb. 9

Softball: Scrimmage at Kennedy (JV and Varsity only – 3:30pm)

Thursday, Feb. 10

Boys Baseball: Scrimmage vs. RFK (Kennedy) (at Foothill – 3:30pm; JV/Varsity)

Boys Basketball: at Mira Monte (JV 5:15pm/Var 6:30pm)

Girls Basketball: vs. Mira Monte (JV 5:15pm/Var 6:30pm) SENIOR NIGHT

Boys Soccer: at Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm)

Girls Soccer: vs. Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm) SENIOR NIGHT

Boys Tennis: Scrimmage vs. Ridgeview (at Foothill – 3:30pm; Varsity only)

Friday, Feb. 11

Girls Wrestling: Area Championships (at Clovis East HS)

Saturday, Feb. 12

Boys Wrestling: Area Championships (at Clovis East HS)