



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

##### DAILY BREAKFAST

###### MENU

###### Main Entrée

Bacon Breakfast Pizza

Honey Bun

Lucky Charm Cereal

Cinnamon Toast Crunch

Honey Nut Cheerios

###### Fruit

Fruit Punch Juice

Petite Banana

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

##### DAILY LUNCH

###### MENU

###### Main Entrée

Rotini and Meat Sauce

Galaxy Pepperoni Pizza

Black Bean Burger

Turkey and Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

###### Fruit

Strawberry Kiwi Juice

Apple (Gala)

###### Vegetables

Carrot Ranch Snacker

Green Beans

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

**TROJANS**  
*This year's black history theme is quotes from African American Politicians, "We have a powerful potential in our youth, and we must have the courage to change old ideas and practices so that we may direct their power toward good ends." —Mary McLeod Bethune.*

Trojans, Tomorrow in the quad after school kicks off our first of 12 #WeAreTrojans Wednesdays. Tomorrow will be a Ping Pong tournament for both staff and students with prizes for the winners. All weekly participants will earn Trojan Tickets. Check out the table at lunch near the activities office to pick up a calendar of events or see them on the school website.

Trojans: On Wednesday at 3:00, we will gather in the quad in front of the 1000 wing to honor Angel Berumen. All students are invited to join and have a quiet moment of reflection, share a few words, and/or celebrate Angel with sidewalk messages.

It's rally week Trojans, did you remember to rep your team today? If so, remember to check in at the table to get your points. We will also be playing games at lunch so come on by to play and earn points. Tomorrow wear any of the colors of the Olympic rings – blue, yellow, black, red, or green. Remember that you can check in each day to add points to your total.

Band Valentine Grams can still be bought till Wednesday 9th Scan the QR Code where you see a flyer, \$3 for a small gram with a treat, and \$5 for a gram with a treat bag. Please pay at the finance office. The Valentine Grams will be delivered on Friday the 11th just in time for Valentine's Day.

#### CLUBS

Are you creative? Do you have drawings, paintings, photography, and other art just lying around? Do you like getting spirit points!? Do you like prizes!? If you said yes to any of those questions, you should be submitting art to the virtual art show! Submissions are due by this Friday. See school website, ASB Instagram or flyers for submission information. And staff don't forget you can submit to!

Art club will have a meeting tomorrow, 4<sup>th</sup> lunch in room 1001 and 5<sup>th</sup> lunch in room 815. all are welcome.

#### SPORTS

#### WELCOME BACK TROJANS!

2/7/22 – 2/11/22

#### **MONDAY**

**Early out Schedule**

#### **TUESDAY-FRIDAY**

**7:29 AM-2:29 PM**

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#### **TUESDAY**

**Rep your Team (Jerseys/Team Gear)**

#### **WEDNESDAY**

**Olympic Colors (Red, Green, Blue, Yellow, or Black)**

#### **THURSDAY**

**Tacky Tourist/Rep Your Country (National Colors/Look like a Tourist)**

#### **FRIDAY**

**#WeAreTrojans (Breakout that Black and Gold!) & Winter Rally**

**Between 2<sup>nd</sup> & 3<sup>rd</sup>**

**Tuesday, Feb. 8**

Boys Basketball: vs. East (JV 5:15pm/Var 6:30pm) SENIOR **NIGHT**

Girls Basketball: at East (JV 5:15pm/Var 6:30pm)

Boys Soccer: vs. East (FS 3:30pm/JV 4:30pm/Var 6:15pm) SENIOR **NIGHT**

Girls Soccer: at East (FS 3:30pm/JV 4:30pm/Var 6:15pm)

**Wednesday, Feb. 9**

Softball: Scrimmage at Kennedy (JV and Varsity only – 3:30pm)

**Thursday, Feb. 10**

Boys Baseball: Scrimmage vs. Kennedy (at Foothill JV and Varsity only – 3:30pm;)

Boys Basketball: at Mira Monte (JV 5:15pm/Var 6:30pm)

Girls Basketball: vs. Mira Monte (JV 5:15pm/Var 6:30pm) SENIOR **NIGHT**

Boys Soccer: at Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm)

Girls Soccer: vs. Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm) SENIOR **NIGHT**

Boys Tennis: Scrimmage vs. Ridgeview (at Foothill – 3:30pm; Varsity only)

**Friday, Feb. 11**

Girls Wrestling: Area Championships (at Clovis East HS)

**Saturday, Feb. 12**

Boys Wrestling: Area Championships (at Clovis East HS)

