



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN



#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

Peach Parfait  
Omelet Egg  
Lucky Charm Cereal  
Cinnamon Toast Crunch  
Honey Nut Cheerios

###### Fruit

Fruit Punch Juice  
Petite Banana  
**Milk**  
1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

Chicken Strips w/Fries  
Chicken Filet Salad  
Extreme Burrito  
Turkey and Cheese  
Sandwich  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

###### Fruit

Pear  
Orange  
**Vegetables**  
Ranch Style Beans  
Bagged Carrots  
**Milk**  
1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### WEDNESDAY, FEBRUARY 9, 2022

#### TROJANS

*This year's black history theme is quotes from African American Politicians, "There are no secrets to success. It is the result of preparation, hard work, and learning from failure." – General Colin Powell.*

Trojans, today in the quad after school kicks off our first of 12 #WeAreTrojans Wednesdays. Today will be a Ping Pong tournament for both staff and students with prizes for the winners. All weekly participants will earn Trojan Tickets. Check out the table at lunch near the activities office to pick up a calendar of events or see them on the school website.

Trojans: Today at 3:00, we will gather in the quad in front of the 1000 wing to honor Angel Berumen. All students are invited to join and have a quiet moment of reflection, share a few words, and/or celebrate Angel with sidewalk messages.

#### CLUBS

Art club meeting today 4<sup>th</sup> lunch in room 1001 5<sup>th</sup> lunch in room 815. All are welcome.

Are you creative? Do you have drawings, paintings, photography, and other art just lying around? Do you like getting spirit points!? Do you like prizes!? If you said yes to any of those questions, you should be submitting art to the virtual art show! Submissions are due by this Friday. See school website, ASB Instagram or flyers for submission information. And staff don't forget you can submit to!

#### SPORTS

##### Wednesday, Feb. 9:

Girls Softball: at Ridgeview (Var and JV only – 3:00pm;)

##### Thursday, Feb. 10

Boys Baseball: Scrimmage vs. Kennedy (at Foothill JV and Varsity only – 3:30pm;)

Girls Softball: Scrimmage vs. Centennial (Var and JV only, at Foothill); 3:30pm

Boys Basketball: at Mira Monte (JV 5:15pm/Var 6:30pm)

Girls Basketball: vs. Mira Monte (JV 5:15pm/Var 6:30pm) SENIOR NIGHT

Boys Soccer: at Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm)

Girls Soccer: vs. Mira Monte (FS 3:30pm/JV 4:30pm/Var 6:15pm) SENIOR

#### WELCOME BACK TROJANS!

2/7/22 – 2/11/22

#### **MONDAY**

**Early out Schedule**

#### **TUESDAY-FRIDAY**

**7:29 AM-2:29 PM**

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#### **WEDNESDAY**

**Olympic Colors (Red, Green, Blue, Yellow, or Black)**

#### **THURSDAY**

**Tacky Tourist/Rep Your Country (National Colors/Look like a Tourist)**

#### **FRIDAY**

**#WeAreTrojans (Breakout that Black and Gold!) & Winter Rally Between 2<sup>nd</sup> & 3<sup>rd</sup>**

**NIGHT**

Boys Tennis: Scrimmage vs. Ridgeview (at Foothill – 3:30pm; Varsity only)

**Friday, Feb. 11**

Girls Wrestling: Area Championships (at Clovis East HS)

**Saturday, Feb. 12**

Boys Wrestling: Area Championships (at Clovis East HS)

