



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Blueberry Parfait
Double Chocolate Chip Muffin
Lucky Charm Cereal
Cinnamon Toast Crunch
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Meatball Sandwich
Galaxy Pepperoni Pizza
Black Bean Burger
Turkey and Cheese Sandwich
Cheeseburger
Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice
Apple (Gala)

Vegetables

Corn

Grape Tomatoes

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

TUESDAY, MARCH 1, 2022

TROJANS

The Foothill High School Performing Arts Department are happy to invite you to our upcoming concert 37th annual Jazz Coffeehouse, Thursday-Saturday at 7pm. Admission will be \$7 every evening with all the free coffee, tea, and hot chocolate to drink. Pastries will be sold for \$1. The Chamber Singers and Jazz Band have been working extremely hard to make this one of the best coffeehouses ever, and we hope you will join us!

Sophomores and Juniors, if you are interested in ROC or CTEC for the next school year, you need to submit an application. Today during lunch Ms. Hughes from ROC and CTEC will be in the quad during lunch to answer your questions about the awesome programs offered. Remember that the deadline is March 11th.

Trojans, today is Tuesday and that means it is a Turn it in Tuesday. If you have any green tickets or Trojan tokens, be sure to stop by the table outside the activities office today during lunch and get those turned in and added to your point total.

SPORTS

Tuesday, March 1

Softball: at Ridgeview (Var/JV – 3:30pm); FS vs. Ridgeview (at Foothill - 3:30pm)

Boys Tennis: at Golden Valley (Var only – 3:30pm)

Wednesday, March 2

Baseball: vs. Arvin (Var/JV only – 3:30pm)

Softball: Varsity at North Tourney (vs. St. Joseph (at BC 1:00pm))

Thursday, March 3

Softball: Varsity at North Tourney (vs. Tehachapi (at North HS – 2:45pm))

Boys Tennis: vs. Delano (3:30pm)

Friday, March 4

Softball: Varsity at North Tourney (vs. TBD); JV at Wasco Tourney (vs. Kennedy 1:40pm; vs. Tehachapi 4:20pm); FS at Kern Valley (3:15pm)

Swimming: at Shafter (at BC 3:30pm)

Track: at EB Relays (at East 9:00am)

Saturday, March 5

Softball: Varsity at North Tourney (vs. TBD); JV at Wasco Tourney (vs. Frontier 11:30am; vs. TBD); FS at Golden Valley Tourney (vs. West (9:00am); Cesar Chavez (10:15am); Frontier (11:30am)

WELCOME BACK TROJANS!

2/28/22 – 3/4/22

MONDAY

7:29 AM-1:29 PM

TUESDAY-FRIDAY

7:29 AM-2:29 PM