



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Breakfast Sausage Wrap
Banana Muffins
Lucky Charm Cereal
Cinnamon Toast Crunch
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Apple Slices

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Pepperoni Stuffed Sandwich
Sicilian Pizza
Black Bean Burger
Turkey and Cheese Sandwich
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice
Canned Peaches

Vegetables

Celery Stick Bagged
Mixed Vegetables

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

THURSDAY, MARCH 24, 2022

TROJANS

Trojans! The College and Career Fair is today during lunch. Don't forget to check out all of the different organizations that will be here to answer questions and give you more information on different career paths... who knows, you might find your dream career!!

The Trojan Marching Band is having a carwash on March 26th, between 8 a.m. - 12 p.m. at the parent drop-off zone by the tennis courts. Buy a ticket now from your favorite band member till the 25th.

Seniors – you have less than a week to purchase your Class of 22 t-shirt for just \$15 at the finance office. Remember, orders must be placed by the 31st.

The US Army is hosting the annual All Star Football Bowl on April 29th. It is an area style football game for Kern County Seniors. Come support area All Stars. If you want a chance to win a ticket to the Army All Star Bowl come to the Army pop-up tent during both lunches today and participate in a push up competition. The winners will be announced at the end of the day.

Hey Freshmen!! Is your birthday in March? Link Crew would like to celebrate with you, so stop by our table in the quad and celebrate this Friday at lunch. We will have a cupcake for you and games to play!

Hey Sophomores and Juniors! Do you have Foothill spirit? Are you a good role model? Are you interested in being a Link Leader at Foothill? Applications will be available for the 2022-2023 school year. If you want to welcome in next year's freshmen and be a mentor to them, then stop by 603 or 815 for an application or fill scan a QR code to access our digital format. Applications will be due by April 8th.

SPORTS

Thursday, March 24

Boys Tennis: Var vs. South (4:00pm)
Track and Field: FS at Frontier FS Relays

Friday, March 25

Baseball: Var/JV at Highland (4:00pm); FS vs. Highland (4:00pm)
Softball: Var/JV at Highland (4:00pm); FS vs. Highland (4:00pm)
Boys Tennis: Var at Arvin Tourney (at Golden Valley)
Track and Field: Var at Lemoore Invitational

Saturday, March 26

Boys Tennis: Var at Arvin Tourney (at Golden Valley)

WELCOME BACK TROJANS!

3/21/22 – 3/25/22

MONDAY

7:29 AM-1:29 PM

TUESDAY-FRIDAY

7:29 AM-2:29 PM