



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Strawberry Waffle
Peach Partfait
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Strawberry Kiwi Juice
Grape Cello

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Chicken Strips w/Fries
Chicken Filet Salad
Extreme Burrito
Turkey and Cheese Sandwich
Cheeseburger
Spicy Chicken Sandwich
Unrustable PB&J Sandwich

Fruit

Pear
Orange

Vegetables

Ranch Style Beans
Bagged Carrots

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

WEDNESDAY, APRIL 27, 2022

TROJANS

Want to create a positive vibe on campus? Looking to help cheer someone up? Or are you simply wanting to spread some love? Then come join us on Today in the Quad to make some positivity posters for our upcoming Mental Health Awareness Week. We will meet right after school by the Activities Office. EVERYONE IS WELCOME and we look forward to seeing you out there!

Trojans you have just 2 days left to purchase a limited-edition Trojans Are Out of This World glow shirt for the Spring Rally for just \$8 from the finance office. We will not be ordering any extras so be sure to order yours by Thursday."

Come join your counselors and others to create a Calming Jar for Mental Health Awareness Week! It helps with handling stress and anxiety. Come join us for this fun event. May 4th during 4th and 5th lunch in the Quad (outside the library). #AllTrojansMatter

CLUBS

Art club meeting has been moved to Thursday 4/28/22. 4th lunch in room 1001 5th lunch in room 815 all are welcome, come get involved with the arts!

SPORTS

Wednesday, April 27

Baseball: Var/JV vs. Highland (4:00pm); FS at Highland (4:00pm)
Softball: Var/JV vs. Highland (4:00pm); FS at Highland (4:00pm)
Swimming: SEYL JV Championships (at Garces – 1:00pm)

Thursday, April 28

Track: SEYL JV Championships (at Foothill – 3:30pm)

Friday, April 29

Baseball: Var/JV at Highland (4:00pm); FS vs. Highland (4:00pm)
Softball: Var/JV at Highland (4:00pm); FS vs. Highland (4:00pm)
Swimming: SEYL Varsity Championships (at Kern Aquatic Center)
Boys Tennis: Area Championships (at Stockdale)

Saturday, April 30

Boys Tennis: Area Championships (at Stockdale)

WELCOME BACK TROJANS!

4/25/22 – 4/29/22

MONDAY

Early Out

TUESDAY-THURSDAY

7:29 AM-2:29 PM

FRIDAY

Late Start

WEDNESDAY

Club Food Fair
(Both Lunches)

&

Lawn Chair
Wednesday

FRIDAY

Staff

Breakfast/Picture