



# FOOTHILL HIGH SCHOOL

Home of the Trojans  
DAILY BULLETIN



WEDNESDAY, AUGUST 17, 2022

## #WeAreTrojans

### DAILY BREAKFAST MENU

#### Main Entrée

Pancake Sausage on a Stick  
Banana Chocolate Chip  
Oatmeal  
Lucky Charm Cereal  
Cocoa Puffs Cereal  
Honey Nut Cheerios

#### Fruit

Strawberry Kiwi Juice  
Grapes

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### DAILY LUNCH MENU

#### Main Entrée

Chicken Strips w/Fries  
Chicken Filet Salad  
Taco Nada  
Extreme Burrito  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich  
Turkey, American Cheese Sandwich

#### Fruit

Orange  
Apple Sauce Unsweetened

#### Vegetables

Ranch Style Beans  
Bagged Carrots

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

Welcome Back Trojans!!!

### TROJANS

Attention Juniors and Seniors: Are you interested in being a Teacher Aid for P.E.? If so, come see your counselor.

### SPORTS

#### Monday, Aug. 15

Volleyball: Scrimmage – Varsity at Golden Valley; JV at North; FS at West

#### Tuesday, Aug. 16

Volleyball: vs. Kennedy (FS 4:00pm/JV 5:00pm/Var 6:15pm)

#### Thursday, Aug. 18

Volleyball: vs. Kern Valley (JV 4:00pm/Var 5:15pm)

#### Friday, Aug. 19

Football: Varsity at Boron (7:00pm); JV at Taft (5:00pm)  
Volleyball: Varsity at South Tournay (9:00am)

#### Saturday, Aug. 20

Volleyball: Varsity at South Tournay (TBD)

### WELCOME BACK TROJANS!

8/15/22 – 8/19/22

### MONDAY-TUESDAY

No School

### WEDNESDAY- FRIDAY

8:30 AM-3:25PM

### WEDNESDAY

First Day of  
School