



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

THURSDAY, SEPTEMBER 15, 2022

#WeAreTrojans

DAILY BREAKFAST

MENU

Main Entrée

Breakfast Pizza
Maple Waffle
Lucky Charm Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Apple Slices

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH

MENU

Main Entrée

Chicken Drumstick w/Mac & Cheese
Sicilian Pizza
Black Bean Burger
Turkey, American Cheese Sandwich
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice
Apple Slices

Vegetables

Bagged Celery Sticks
Mixed Vegetables

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

Finally, after almost 3 years, we are excited to bring back Blood Drives to campus! In less than one hour, you can help save 3 lives by donating blood right here on campus. Mark your calendar for October 12! For more information or to pick up a permission slip, stop by Ms. Miller's office in the Counseling office.

Looking to volunteer?? Volunteers are needed for a car show THIS Saturday from 8am-12:30pm to benefit the Alzheimer's Association. You can volunteer for a couple of hours or the entire event. Event is located at Brookdale Riverwalk Senior Community. Please see Ms. Ward on campus for details or contact information.

The R.O.S.E. Mentoring program is accepting applications to enter their 2-year program for the 2022-2024 school season. The R.O.S.E. Mentor program is FREE and for female Juniors who want to recognize their value and self-worth. As part of the program, you will be matched with a professional businesswoman in the community. During the school year, all mentors and mentees will attend meetings and workshops one evening per month. To finish off the year you are invited to attend the annual Bakersfield Women's Business Conference with your mentor. You must have a 2.5 GPA or higher and commit to 1 meeting per month in the evenings. If you are looking for personal development and growth and want to be a part of this program or have questions on the program, then please stop by the Counseling office to and see Ms. Ward for an application. 1-2 students will be selected to be a part of this program. Application due date is Friday 9/23/2022.

Sophomore, Juniors, and Seniors do not miss out on this great opportunity to get tips, study materials and practice tests for the upcoming SAT and PSAT. Many universities are still requiring students take the SAT to apply and those universities that no longer require it to apply are still recommending students take the SAT for class placement and grants/scholarships. If you are interested, go by the Counseling Office to sign-up!

SPORTS

There will be a baseball meeting this Friday 9/16 in room 709 at lunch. Anyone interested in playing baseball this year should attend the meeting.

Thursday, Sept. 15

Volleyball: vs. Independence (FS 4:00pm/JV 5:00pm/Var 6:15pm)
Girls Tennis: at Del Oro (JV only 4:00pm)

Friday, Sept. 16

Football: vs. Rosamond (JV 5:00pm/Varsity 7:30pm) HOMECOMING!!!

Saturday, Sept. 17

Girls Volleyball: JV @ Golden Valley Tourney (8:00am)

CLUBS

History club meeting today at lunch in Mr. Rose's classroom. (912) Everyone is welcome. We will discuss events and activities for the upcoming year.

Hey trojans! Are you interested in performing in our school rallies or during special lunch activities? If so, it is not too late to join our FHS Dance Club. Join us today in room 711 during lunch to get more information. Bring your lunch and we hope to see you here!

Hey Foothill, FFA members!! Today is your September chapter meeting. We will be hosting an ice cream social so tag a friend and swing by to the cafeteria to enjoy some quality time chatting and mingling over an icy treat. Reminder to all fair exhibitors that this event is mandatory, so please bring your parents/guardian. Make sure to get there early for a raffle ticket. Doors open at 5:15 and the meeting starts at 5:43. See you tonight!!

Calling all Star Wars and The Mandalorian fans! Are you interested in joining a new club and are a Star Wars or Mandalorian fan? Stop by Mrs. Vargas classroom, room 708 to get more information. To get information, sign up you must.

Hey Gamers! We had an amazing first meeting! We will be meeting Friday during lunch once more for FHS's Game Club. If you have your games, please bring them to play! Otherwise, thanks to our amazing staff, we now have board games for you to play with your friends! On Thursday, join us in room I-10 with our new game master to fill out and create character sheets for our upcoming D&D adventure. Then, once again, join us for Game Club this Friday and enjoy some fun with friends! Meeting will be in room I-10 during lunch. Game on!

Attention all FHS students. Do you want to get Involved? La Raza Club will have the first meeting of the year this Thursday Sept. 15 during Lunch in Room 1-6. After a few years, we are back to start this school year with great activities. Grab your Lunch and come to find out what this club is all about. We will be selecting officers. This is a Cultural Club if you want to get involved. Come to Mr. Henriquez's class and join. We will see you there.