



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST

MENU

Main Entrée

Peach Parfait

Cinnamon Toast Soft Filled

Bar

Lucky Charm Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

Fruit

Fruit Punch Juice

Petite Banana

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH

MENU

Main Entrée

Chicken Alfredo Pasta

Sicilian Pizza

Black Bean Burger

Turkey, American Cheese

Sandwich

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice

Apple

Vegetables

Corn

Grape Tomatoes

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

WEDNESDAY, SEPTEMBER 7, 2022

TROJANS

Today during lunch help support Foothill clubs and teams by purchasing items from the vendors in the quad. Enjoy pizza, frozen lemonades, churros, aquas frescas, asada fries, frappes, and more.

CLUBS

Drama Club is holding auditions for our Fall Production of Twisted Tales of Terror on Wednesday, September 7 and Thursday, September 8, after school, 3:30-4:30 in L3, the auditorium. If you have ever wanted to act on stage now is your chance to be in this spooky Halloween show where Dracula and Frankenstein tell the real story of how they came to be and the Werewolf isn't really such a bad person, he just turns hairy once a month and howls at the moon, no big deal. Come and audition and be part of this fun and scary story.

Art club is back!! Join us for our first meeting this Thursday, 9/8/22 at lunch in room 1001. Grab your lunch and head on over. All are welcome, no experience or enrollment in an art class is required, anyone who is interested in being creative come join the fun!

Are you a competitive video game or computer game player? Then we have the sport for you starting up this season, and in a hurry! An Esports team is starting up at Foothill and if you are interested, then head over to room 609, and introduce yourself to Mr. Gonzales right after school Wednesday, Thursday, or Friday for more details. If you would like to compete in Esports, then let the games begin and try and make the team to compete against the best of the best in the Kern High School District and beyond! That's room 609 with Mr. Gonzales.

SPORTS

Thursday, Sept. 8

Football JV: HOME 8:00pm

Friday, Sept. 9

Football: Varsity HOME 8:00pm

Volleyball: Varsity at Highland Tourney (at Foothill – 3:00pm)

Saturday, Sept. 10

Volleyball: Varsity at Highland Tourney (site TBD – there are games at Foothill beginning at 9:00am)

Cross Country: at Delano Invitational (bus 4:00pm)

WELCOME BACK TROJANS!

9/5/22 – 9/9/22

MONDAY

NO SCHOOL

TUESDAY- FRIDAY

8:30 AM-3:25PM