



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

TUESDAY, JANUARY 10, 2023



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Breakfast Sausage Wrap
Strawberry Parfait
Lucky Nut Cheerios Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Pear

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Rotini and Meat Sauce
Sicilian Pizza
Black Bean Burger
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J

Sandwich

Fruit

Apple
Very Berry Juice

Vegetables

Carrot Ranch Snacker
Green Beans

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

TROJANS

Seniors – don't forget, this Thursday during lunch, Jostens will be on campus for the last time for you to order a cap and gown on campus. Be sure to get yours now so you do not have to pay the late fee.

CLUBS

Hey Trojans, join Dance Club's first meeting of the year! Our meeting is today at lunch in room 711 as we get ready for an upcoming performance. Anyone wanting to join is encouraged to stop by.

The chess club meeting for this week has been canceled. The next meeting will be next Wednesday, January 18th during lunch in room 909.

Game club will be meeting this Friday at lunch in room I-10. Come play some board games, your personal devices, or card games like Yu-Gi-Oh or Magic with your friends! We hope to see you all there!

SPORTS

Anyone interested in Boys golf, we will have a meeting in Mr. Clark's room, #1008, Thursday at Lunch. Need to have all paperwork turned in.

Baseball conditioning will be every day after school at 3:45 on the varsity baseball field. Players need to have their physical and paperwork done through the athletics office to participate. Please see Coach Ontiveros if you have any questions.

Wednesday, Jan. 11

Boys Basketball and Soccer @ East; Girls Basketball and Soccer are HOME

Basketball times are FS 4:00, JV 5:15, V 6:30

Soccer times are FS 3:30, JV 4:30, V 6:15

Boys Basketball away bus at 2:00pm, students excused at 1:45pm

Girls Basketball: HOME, FS girls excused at 3:00pm

Boys Soccer: away bus at 2:00pm, students excused at 1:45pm

Girls Soccer: HOME; FS girls excused at 2:30pm

Friday, Jan. 13

Boys Basketball and Soccer HOME; Girls Basketball and Soccer at Del Oro

Basketball times are FS 4:00, JV 5:15, (no varsity)

Soccer times are FS 3:30, JV 4:30, (no varsity)

Boys Basketball: HOME; FS boys excused at 3:00pm

Girls Basketball: **at North** bus at 2:00pm, students excused at 1:45pm

Boys Soccer: HOME; FS boys excused at 2:30pm, JV boys excused at 3:15pm

Girls Soccer: away bus at 2:00pm, students excused at 1:45pm

Boys Wrestling: Kern County Invitational (@ Centennial); 2 vans; all day

Saturday, Jan. 14

Boys Wrestling: Kern County Invitational (at Centennial); 2 vans; Time TBD

Girls Wrestling: Sanger Tournament; 2 vans; Time TBD

WELCOME BACK TROJANS!

1/9/23 – 1/13/23

MONDAY

Early Out

TUESDAY-FRIDAY

8:30-3:25 PM

THURSDAY

Jostens on

**Campus to take
Cap & Gown
orders**

FRIDAY

**Staff Breakfast
by The Visual,
Performing, and
Industrial Arts
Depts.**