



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

### DAILY BULLETIN

**WEDNESDAY, JANUARY 11, 2023**

#### #WeAreTrojans

##### DAILY BREAKFAST MENU

###### Main Entrée

Pancake Sausage on a Stick  
Apple Nada

Lucky Nut Cheerios Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

###### Fruit

Grapes

Verry Berry Juice

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

##### DAILY LUNCH MENU

###### Main Entrée

Chicken Strips w/Fries

Chicken Filet Salad

Extreme Burrito

Taco Nada

Turkey, and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J

Sandwich

###### Fruit

Orange

Raisins

###### Vegetables

Bagged Carrots

Steamed Broccoli

###### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

Seniors, tomorrow is the big day, Jostens will be on campus for the last time for you to order a cap and gown on campus. Be sure to get yours now so you do not have to pay the late fee.

Trojans, there are only a few tickets left for the winter formal. If you want to make sure you have one of those, get yours soon before they are gone. We will sell out.

#### CLUBS

The chess club meeting for this week has been canceled. The next meeting will be next Wednesday, January 18<sup>th</sup> during lunch in room 909.

Game club will be meeting this Friday at lunch in room I-10. Come play some board games, your personal devices, or card games like Yu-Gi-Oh or Magic with your friends! We hope to see you all there!

History club meeting on Thursday at lunch in room 912. (Mr. Rose's classroom) It's not too late to join the best club on campus!! The history club.... everyone is welcome!!!

Our first PODER meeting will be held Thursday 1/12 in Room 806 for those that have turned in their permission slips. If you are still interested and have yet to turn in a permission slip, please turn it in to any advisor, Ms. Reyes in room 806 or Ms. Daisy in the parent center. This club is for invited members only. If you would like to know more about it please reach out to the advisors.

#### SPORTS

Anyone interested in Boys golf, we will have a meeting in Mr. Clark's room, #1008, Thursday at Lunch. Need to have all paperwork turned in.

Baseball conditioning will be every day after school at 3:45 on the varsity baseball field. Players need to have their physical and paperwork done through the athletics office to participate. Please see Coach Ontiveros if you have any questions.

#### Wednesday, Jan. 11

**Boys Basketball and Soccer @ East; Girls Basketball and Soccer are HOME**

**Basketball times are FS 4:00, JV 5:15, V 6:30**

**Soccer times are FS 3:30, JV 4:30, V 6:15**

Boys Basketball away bus at 2:00pm, students excused at 1:45pm

Girls Basketball: HOME, FS girls excused at 3:00pm

Boys Soccer: away bus at 2:00pm, students excused at 1:45pm

Girls Soccer: HOME; FS girls excused at 2:30pm

#### Friday, Jan. 13

**Boys Basketball and Soccer HOME; Girls Basketball and Soccer at Del Oro**

**Basketball times are FS 4:00, JV 5:15, (no varsity)**

**Soccer times are FS 3:30, JV 4:30, (no varsity)**

Boys Basketball: HOME; FS boys excused at 3:00pm

Girls Basketball: **at North** bus at 2:00pm, students excused at 1:45pm

Boys Soccer: HOME; FS boys excused at 2:30pm, JV boys excused at 3:15pm

Girls Soccer: away bus at 2:00pm, students excused at 1:45pm

Boys Wrestling: Kern County Invitational (@ Centennial); 2 vans; all day

**Saturday, Jan. 14**

Boys Wrestling: Kern County Invitational (at Centennial); 2 vans; Time TBD  
Girls Wrestling: Sanger Tournament; 2 vans; Time TBD

