



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

DAILY BULLETIN

THURSDAY, JANUARY 19, 2023

#WeAreTrojans

### TROJANS

#### DAILY BREAKFAST MENU

##### Main Entrée

- Tutti Fruitti Smoothie
- Cinnamon Swirls
- Lucky Nut Cheerios Cereal
- Cocoa Puffs Cereal
- Honey Nut Cheerios

##### Fruit

- Fruit Punch Juice
- Apple Slices

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

- Turkey & Gravy
- Sicilian Pizza
- Black Bean Burger
- Turkey, and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J

##### Sandwich

##### Fruit

- Apple Slices
- Very Berry Juice

##### Vegetables

- Carrot Coins Steamed
- Green Beans

##### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

Reminder you that Friday is a non-student day so enjoy your 3 day weekend and for those of you going to the formal, don't forget to bring your IDs and have fun!

Are you looking for a way to earn 2 hours of community service AND help save lives? Our second Blood Drive of the year is happening on February 1<sup>st</sup>. You can pick up a permission slip in the counseling office. To be eligible to donate, you must be at least 16 years old. See Ms. Miller for more info.

Natasha Hughes, the ROC/CTEC Recruitment and Career Technician, will conduct an informational presentation for ROC/CTEC on Monday, January 23, 2023, during third period. Please fill out the google form if you are interested in attending. The Reservation Google form will close on Friday, January 20, 2023, so please make sure you sign up by that deadline date.

### CLUBS

Star Wars Club will meet today during lunch in room 708. New members are always welcome. See you Star Wars fans Thursdays during lunch in room 708, Mrs. Vargas' classroom.

Attention all La Raza club members. We will have our first meeting for this second semester today Thursday, January 19, 2023. We need to meet in room I-6 in Mr. Henriquez's room. We will be discussing ideas for this semester. It is important we meet to start our second semester very positive. Please, grab your lunch and join us today. I will see you in room I-6.

The Afro-American Association meets today at lunch in the Auditorium. See Mrs. James in the counseling office for more details.

How does a mathematician plow fields? With a "pro-tractor" Math Club will be meeting Tuesday January 24<sup>th</sup> during lunch in room 716. See you then!

Our next Project Lit book club meeting will be Wednesday, January 25<sup>th</sup> at lunch in the library. Don't forget to bring your lunch.

### SPORTS

#### Thursday, Jan. 19

Girls Soccer: FS at Highland (3:30); bus at 2:00pm, students excused at 1:45pm

Boys/Girls Wrestling: vs. Garces (JV 5:00/Girls 6:00/Boys 7:00); **SENIOR NIGHT**

#### Friday, Jan. 20

Boys Basketball: at Golden Valley (FS 4:00/JV 5:15/V 6:30); bus at 2:30pm

Girls Basketball: vs. Golden Valley (FS 4:00/JV 5:15/V 6:30)

Boys Soccer: @ Golden Valley (FS 3:30/JV 4:30/V 6:00); bus for FS/JV 2:00pm; V 4:30pm

Girls Soccer: vs. Golden Valley (FS 3:30pm/JV 4:30pm/Var 6:00pm)

Boys Wrestling: at Highland Tourney; Time TBD

#### Saturday, Jan. 21

Girls Wrestling: Lady Trojan Invitational (9:00am)