



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

DAILY BULLETIN

THURSDAY, JANUARY 26, 2023

#WeAreTrojans

### DAILY BREAKFAST MENU

#### Main Entrée

- EggStravaganza Bowl
- Vanilla Waffle
- Lucky Charms Cereal
- Cocoa Puffs Cereal
- Honey Nut Cheerios

#### Fruit

- Fruit Punch Juice
- Apple Slices

#### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

### DAILY LUNCH MENU

#### Main Entrée

- Chicken Drumstick w/Mac & Cheese
- Sicilian Pizza
- Black Bean Burger
- Turkey, and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Un crustable PB&J Sandwich

#### Fruit

- Apple Slices
- Very Berry Juice

#### Vegetables

- Bagged Celery Sticks
- Mixed Vegetables

#### Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

### TROJANS

Are you looking for a way to earn 2 hours of community service AND help save lives? Our second Blood Drive of the year is happening on February 1<sup>st</sup>. You can pick up a permission slip in the counseling office. To be eligible to donate, you must be at least 16 years old. See Ms. Miller for more info.

### CLUBS

Do you like to sing? Do you like to dance? Have you ever wanted to perform on stage? If so, auditions are coming up for the spring musical of Joseph and the Amazing Technicolor Dreamcoat. Come sing a song after school on Tuesday, February 1<sup>st</sup> or Wednesday, February 2<sup>nd</sup> after school in L3, the Auditorium. If you have questions, please ask Ms. Worley in L3.

Please join us for the next Art Club meeting today at lunch in room 1001 all are welcome.

Today's chess club meeting has been canceled. The next meeting will be Wednesday, February 1<sup>st</sup>.

History club meeting today at lunch in room 912 (Mr. ROSE'S CLASS) The agenda will include the upcoming field trip, Valentine's Day fundraiser and club t shirts.... Best club on campus!! History Club, all are welcome.

Game club will be meeting this Friday during lunch in room I-10. Come play some games with friends!

### SPORTS

Spring Athletics have begun practicing for their seasons, but there are still some teams that need more players! If you are interested in playing Baseball, Softball, Track and Field, Swimming, Boys Tennis or Boys Golf, please check with the coaches or at the Athletic Office for more information. We need more swimmers, more boy's tennis players, more boys golf players and more track and field athletes. Be a part of Foothill Athletics!!!

#### Friday, Jan. 27

Boys Basketball: vs. East (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused at 3:00pm

Girls Basketball: at East (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused at 1:45pm

Boys Soccer: vs. East (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused at 2:30pm

Girls Soccer: at East (FS 3:30pm/JV 4:30pm/Var 6:00pm); bus 2:00pm, excused at 1:45pm

#### Saturday, Jan. 28

Boys/Girls Wrestling: at SYHL Championships (at Golden Valley HS, 10:00am); bus 7:15am