



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



MONDAY, JANUARY 30, 2023

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Breakfast Sandwich
Pan Dulce

Lucky Charms Cereal
Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Granny Smith Apple
Very Berry Juice

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Taco Stick
Chicken Caesar Salad
Extreme Burrito
Black Bean Burger
Turkey, and Cheese Sub
Cheeseburger

Spicy Chicken Sandwich
Uncrustable PB&J

Sandwich

Fruit

Petite Banana
Pear

Vegetables

Mexican Street Corn
Steamed Broccoli

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

TROJANS

Are you looking for a way to earn 2 hours of community service AND help save lives? Our second Blood Drive of the year is happening on February 1st. You can pick up a permission slip in the counseling office. To be eligible to donate, you must be at least 16 years old. See Ms. Miller for more info.

It's A Grand Night for Music will have their performance at Mechanics Bank Area Tuesday, Jan. 31st at 7:00 p.m. Doors open at 6:00 p.m.

CLUBS

Do you like to sing? Do you like to dance? Have you ever wanted to perform on stage? If so, auditions are coming up for the spring musical of Joseph and the Amazing Technicolor Dreamcoat. Come sing a song after school on Tuesday or Wednesday after school in L3, the Auditorium. If you have questions, please ask Ms. Worley in L3.

SPORTS

Monday, Jan. 30

Girls Basketball: vs. Garces (JV 5:15pm/Var 6:30pm) (NO FS)

Wednesday, Feb. 1

Boys Basketball: at Del Oro (at North HS Old Gym) (FS 4:00pm/JV 5:15pm); bus 2:00pm, excused 1:45pm

Girls Basketball: vs. Del Oro (JV 5:15pm)

Boys Soccer: at Del Oro (FS 3:30pm/JV 4:30pm); bus 2:00pm, excused 1:45pm

Girls Soccer: vs. Del Oro (FS 3:30pm/JV 4:30pm); FS excused 2:30pm

Boys/Girls Wrestling: at SYC Championships (6:00pm, Centennial HS); 3 vans 3:30pm

Friday, Feb. 3

Boys Basketball: vs. Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Girls Basketball: at Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:45pm

Boys Soccer: vs. Arvin (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused 2:30pm

Girls Soccer: at Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:45pm

WELCOME BACK TROJANS!

1/30/23 – 2/3/23

MONDAY

Early Out

TUESDAY-FRIDAY

8:30-3:25 PM

MONDAY

Night In or Night Out

TUESDAY

Soccer Mom or BBQ Dad

WEDNESDAY

Country or Country Club

THURSDAY

Hero or Villain

FRIDAY

9&10th Grade: Wear Gold

11 & 12th Grade: Wear Black

Staff: Wear Gold or Black