October 19, 2023

10/16/23-10/20/23

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

AP enrolled students, please make sure you pay for your intended AP exams through finance office. Deadline to pay for AP exams is October 27. Thank you!

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, October 30th at 2:30pm in the Career Center for an after-school activity on Drug Awareness. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

SPORTS

<u>Thursday, Oct. 19</u> Girls Tennis: Varsity at Horizon League Championship (Bak. Racquet Club 9:00am); van 7:45am

<u>Friday, Oct. 20</u> Football: vs. Golden Valley (JV 5:00pm/Var 7:30pm) (SENIOR NIGHT)

<u>Saturday, Oct. 21</u> Cross Country: at SLO Invitational (bus 5:00am)



Breakfast

Main Entrée

Tutti Fruitti Smoothie Double Chocolate Chip Muffin Trix Cereal Honey Nut Cheerios Cereal Cup

<u>Fruit</u> Fruit Punch Juice

Petite Banana

<u>Milk</u>

1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Nashville Hot Chicken and Waffle Quinoa Taco Salad Sicilian Pizza Black Bean Burger Turkey Ham and Cheese Sub Cheeseburger Spicy Chicken Sandwich Uncrustable PB&J Sandwich Fruit Orange Cantaloupe **Vegetables** Spinach Fresh Cucumber **Roasted Corn** Black Beans **Grape Tomatoes** Carrots Broccoli Milk 1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk

<u>CLUBS</u>

Hey trojans! Dance Club is proud to present Spooky Bouquets! We will be set up in the quad these next two weeks taking orders and deliveries will be made on October 31st. With three different sizes to choose from, we have something for everyone! So, stop by and view our options!

Hey Trojans. Join us for the 4th Annual Link Crew Halloween Carnival on October 25th at 5:30. We will have trick-or-treat games, bounce houses, food vendors, facepainting and more! This is a family friendly event for our community. Tickets are \$3 at the finance office. Prices go up the night of the carnival, so get yours today!!

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

D&D Club will not be meeting this week. We will be meeting next week in Room I-1. See you all then.

