FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

AP enrolled students, please make sure you pay for your intended AP exams through finance office. Deadline to pay for AP exams is October 27. Thank you!

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, October 30th at 2:30pm in the Career Center for an after-school activity on Drug Awareness. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

SPORTS

Friday, Oct. 20

Football: vs. Golden Valley (JV 5:00pm/Var 7:30pm) (SENIOR NIGHT)

Saturday, Oct. 21

Cross Country: at SLO Invitational (bus 5:00am)



Breakfast

Main Entrée

Maple & Brown Sugar Oatmeal
Cup

Mini Breakfast Cluster

Trix Cereal

Honey Nut Cheerios Cereal Cup

<u>Fruit</u>

Verry Berry Juice

Blueberries

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Orange Chicken & Fried Rice

Asian Salad

Extreme Burrito

Spinach and Cheese Calzone

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Watermelon

Unsweetened Applesauce Cup

Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

CLUBS

Hey trojans! Dance Club is proud to present Spooky Bouquets! We will be set up in the quad these next two weeks taking orders and deliveries will be made on October 31st. With three different sizes to choose from, we have something for everyone! So, stop by and view our options!

Hey Trojans. Join us for the 4th Annual Link Crew Halloween Carnival on October 25th at 5:30. We will have trick-or-treat games, bounce houses, food vendors, facepainting and more! This is a family friendly event for our community. Tickets are \$3 at the finance office. Prices go up the night of the carnival, so get yours today!!

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

D&D Club will not be meeting this week. We will be meeting next week in Room I-1. See you all then.

