

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

AP enrolled students, please make sure you pay for your intended AP exams through finance office. Deadline to pay for AP exams is October 27. Thank you!

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, October 30th at 2:30pm in the Career Center for an after-school activity on Drug Awareness. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

Hey Trojans. Join us for the 4th Annual Link Crew Halloween Carnival on October 25th at 5:30. We will have trick-or-treat games, bounce houses, food vendors, facepainting and more! This is a family friendly event for our community. Tickets are \$3 at the finance office. Prices go up the night of the carnival, so get yours today!!

SPORTS

Foothill, basketball season is officially here, and the girls' basketball is having tryouts this week! Meet Coach Contreras and his staff today at 3:45pm near the blacktop behind our gym. Join one of the premiere programs on campus today!



Breakfast

Main Entrée

- Breakfast Protein Box
- Mocha Crumble
- Trix Cereal
- Honey Nut Cheerios Cereal Cup

Fruit

- Granny Smith Apple
- Very Berry Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Soft Taco
- Chicken Caesar Salad
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey Ham and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Petite Banana
- Pear

Vegetables

- Spinach
- Fresh Cucumber
- Roasted Corn
- Black Beans
- Grape Tomatoes
- Carrots
- Broccoli

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

SPORTS

Tuesday, Oct. 24

Volleyball: CIF Playoffs Round 1 (Site/Opponent TBD – 6:00pm), bus TBD, excused TBD

Girls Tennis: CIF Playoffs Round 1 (Site/Opponent TBD – 3:00pm), van TBD, excused TBD

Wednesday, Oct. 25

Cross Country: at Mira Monte (4:00pm); bus 2:00pm, excused 1:30pm

Thursday, Oct. 26

Volleyball: CIF Playoffs Round 2 (Site/Opponent TBD – 6:00pm), bus TBD, excused TBD

Girls Tennis: CIF Playoffs Round 2 (Site/Opponent TBD – 3:00pm), van TBD, excused TBD

Friday, Oct. 27

Football: at Mira Monte (JV 5:00pm/Var 7:30pm); bus JV – 2:00pm, excused 1:45pm; bus Var – 5:00pm

CLUBS

Hey trojans, if you haven't done so already, make sure to stop by and purchase a spooky bouquet from Dance club! We will be out in the quad by the activity's office during lunch these next few days. Wednesday is the last day to place an order so hurry before it's too late!

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

GSA and D&D Club will be moving to a new room starting this week. We will now be meeting in Room I-1! GSA will meet in room I-1 during lunch on Monday and the D&D club will be meeting in room I-1 after school Friday. We look forward to seeing you all there!

