# FOOTHILL HIGH SCHOOL

# BULLETIN

### **TROJANS**

AP enrolled students, please make sure you pay for your intended AP exams through finance office. Deadline to pay for AP exams is October 27. Thank you!

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, October 30<sup>th</sup> at 2:30pm in the Career Center for an after-school activity on Drug Awareness. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

# **SPORTS**

Foothill, basketball season is officially here, and the girls' basketball is having tryouts this week! Meet Coach Contreras and his staff today at 3:45pm near the blacktop behind our gym. Join one of the premiere programs on campus today!

Tuesday, Oct. 24

Volleyball: CIF Playoffs Round 1 (Site/TBD – 6:00pm) Girls Tennis: CIF Playoffs Round 1 (Site/TBD – 3:00pm)

Wednesday, Oct. 25

Cross Country: at Mira Monte (4:00pm); bus 2:00pm, ex. 1:30pm

Thursday, Oct. 26

Volleyball: CIF Playoffs Round 2 (Site/TBD – 6:00pm), bus TBD Girls Tennis: CIF Playoffs Round 2 (Site/TBD – 3:00pm), van TBD

Friday, Oct. 27

Football: at Mira Monte (JV 5:00pm/Var 7:30pm); bus JV -

2:00pm, excused 1:45pm; bus Var - 5:00pm



#### **Breakfast**

#### Main Entrée

Strawberry Parfait Country Breakfast Calzone Trix Cereal

Honey Nut Cheerios Cereal Cup

#### <u>Fruit</u>

Fruit Punch Juice Pear

#### Milk

1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk

#### **LUNCH MENU**

#### Main Entrée

Jerk Chicken, Rice
Chicken Filet Salad
Sicilian Pizza
Black Bean Burger
Turkey Ham and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich

# Uncrustable PB&J Sandwich Fruit

Strawberry Kiwi Juice Granny Smith Apple

#### **Vegetables**

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

## Milk

1% Low Fat Milk Lactaid Fat Free Milk

Fat Free Chocolate Milk

## **CLUBS**

Hey trojans, if you haven't done so already, make sure to stop by and purchase a spooky bouquet from Dance club! We will be out in the quad by the activity's office during lunch these next few days. Wednesday is the last day to place an order so hurry before it's too late!

Hey Trojans. Join us for the 4<sup>th</sup> Annual Link Crew Halloween Carnival on October 25<sup>th</sup> at 5:30. We will have trick-or-treat games, bounce houses, food vendors, facepainting and more! This is a family friendly event for our community. Tickets are \$3 at the finance office. Prices go up the night of the carnival, so get yours today!!

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

GSA and D&D Club will be moving to a new room starting this week. We will now be meeting in Room I-1! GSA will meet in room I-1 during lunch on Monday and the D&D club will be meeting in room I-1 after school Friday. We look forward to seeing you all there!

History club meeting on Thursday in Mr. Roses classroom (Room 912) at lunch on Thursday. The agenda will include voting on club T shirts, picking up permission slips for the upcoming field trip and some history trivia. History club!!! Best club on campus, everyone is welcome!!!

Project Lit book club meeting on Wednesday, October 25th at lunch in the library. See Ms. Stevenson if you have questions.

