

# FOOTHILL HIGH SCHOOL BULLETIN

## TROJANS

On Wednesday, Nov 1st, we will have 2 different colleges here to speak with you and answer questions. UC Santa Barbara will be here in the morning and Cal Poly San Luis Obispo will be here in the afternoon. Stop by the counseling office to sign up or email your counselor.

AP enrolled students, please make sure you pay for your intended AP exams through finance office. Deadline to pay for AP exams is TODAY!

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, October 30<sup>th</sup> at 2:30pm in the Career Center for an after-school activity on Drug Awareness. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

Students, the Trojan Pantry is reopening TODAY, October 27<sup>th</sup> after school. Our goal is to open every Friday after school for 30 minutes. We are now located on the westside of the cafeteria (closest to the parking lot). If you need items come by on Fridays.

## SPORTS

### Friday, Oct. 27

Football: at Mira Monte (JV 5:00pm/Var 7:30pm); bus JV – 2:00pm, excused 1:45pm; bus Var – 5:00pm



### **Breakfast**

#### Main Entrée

Sausage Biscuit Sandwich  
Apple Cinnamon Oatmeal Round  
Trix Cereal  
Honey Nut Cheerios Cereal Cup

#### Fruit

Very Berry Juice  
Blueberries

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### **LUNCH MENU**

#### Main Entrée

Kung Pao Chicken Over Rice  
Asian Salad  
Extreme Burrito  
Spinach and Cheese Calzone  
Turkey Ham and Cheese Sub  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

#### Fruit

Watermelon  
Unsweetened Applesauce Cup

#### Vegetables

Spinach  
Fresh Cucumber  
Roasted Corn  
Black Beans  
Grape Tomatoes  
Carrots  
Broccoli

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

## CLUBS

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

GSA and D&D Club will be moving to a new room starting this week. We will now be meeting in Room I-1! GSA will meet in room I-1 during lunch on Monday and the D&D club will be meeting in room I-1 after school Friday. We look forward to seeing you all there!

Chess club will meet today during lunch in room 909. Stop by to play a round or learn how to play!

