

# FOOTHILL HIGH SCHOOL

## BULLETIN

### TROJANS

CTEC has opened the Evening Logistics and Distribution Class starting Jan 9<sup>th</sup>. In this class, you will learn how to work in a warehouse, drive a forklift, and other work other equipment while earning 10 credits. Classes will be held at CTEC Tuesday, Wednesday, and Thursday evenings from 5:30pm to 8:30pm. There is a bus to and from Foothill. If you are interested in adding this class, speak with your counselor asap so we can get you signed up.

Students, yesterday was last day to use the BLUE GET bus pass. If you need a new GET Bus Pass, you can stop by Mr. Flores' office before school, at lunch, or after school. CTEC and ROC students may pick up their passes before leaving campus.

Get ready to pump up the spirit and show off those cheer skills! Foothill is on the hunt for new cheerleaders, and you could be the one! Pop into room 610 for a crucial meeting on Friday, Nov 3, right after school to get the lowdown on how to join our awesome squad. Ready to show off your moves? Tryouts kick off on Monday and run through Thursday after school. Don't miss out on this chance to make some noise!

Do you like a good murder? Do you want to try to figure out who did it? Do you like a good Soap Opera? If so, come see the Foothill Drama Club Present "The Bold, The Young, and the Murdered" this Thursday and Friday at 7:00 or Saturday at 2:00 in the Peg Pauly Auditorium. It only costs \$5! You will have a bloody good time!

### **Breakfast**

#### Main Entrée

Country Breakfast Scramble  
Burrito  
Honey Bun  
Trix Cereal  
Honey Nut Cheerios Cereal  
Cup

#### Fruit

Very Berry Juice  
Grape Juice

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

BBQ Ribs and Rosemary  
Potatoes  
Chef Salad  
Extreme Burrito  
Spinach and Cheese Calzone  
Turkey Ham and Cheese Sub  
Cheeseburger  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

#### **Fruit**

Orange  
Cantaloupe

#### **Vegetables**

Spinach  
Fresh Cucumber  
Roasted Corn  
Black Beans  
Grape Tomatoes  
Carrots  
Broccoli

#### **Milk**

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk



## SPORTS

### **Friday, Nov. 3**

Football: CIF Playoffs at Mendota (7:00pm); bus at 3:00pm, released at 2:30pm

### **Saturday, Nov. 4**

Cross Country: at Kern County Invitational (Hart Park 9:00am), bus 7:00am

## CLUBS

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

Artists, art lovers, and anyone interested - Art Club will meet Thursday during lunch in room 1001. Bring your lunch and make Spooky-themed art with us while we talk about our next art club activities.

