

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

Seniors: If you have not completed or started your CSU/UC applications, November 30th is the deadline. Please stop by the Career Center during lunch for help.

CTEC has opened the Evening Logistics and Distribution Class starting Jan 9th. In this class, you will learn how to work in a warehouse, drive a forklift, and other work other equipment while earning 10 credits. Classes will be held at CTEC Tuesday, Wednesday, and Thursday evenings from 5:30pm to 8:30pm. There is a bus to and from Foothill. If you are interested in adding this class, speak with your counselor asap so we can get you signed up.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Do you want to be part of the Foothill Drumline, come out to some workshops next Monday, Tuesday, and Wednesday, November 13th-15th. The auditions will be 6-9 p.m. every night. Once rehearsals begin, they will be on Tuesday-Thursday 6-9 and competitions against other schools during the season will be on Saturdays from February till April. We also need an actor for a non-speaking role in our show. See Mr. Barker in room 804 at lunch if you have questions or need a packet.

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Come check out the new Bible club on Thursday at lunch in room 910.

Breakfast

Main Entrée

Cinnamon Toast Soft Filled Bar
Peach Parfait
Trix Cereal
Honey Nut Cheerios Cereal Cup

Fruit

Fruit Punch Juice
Pear

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Rotini and Meat Sauce
Chicken Filet Salad
Sicilian Pizza
Black Bean Burger
Turkey Ham and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice
Granny Smith Apple

Vegetables

Spinach
Fresh Cucumber
Roasted Corn
Black Beans
Grape Tomatoes
Carrots
Broccoli

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk



SPORTS

There will be a 'Meet and Greet' with new Varsity Softball Coach Melissa Ysaguirre on Wednesday, Nov. 15, at 3:30pm in room 601. All students not currently in a sport who are interested in playing softball this year should attend.

Fall Hall of Fame Awards will be held on Tuesday, Nov. 14, at 11:45am outside the main office in the quad. All students and staff are invited.

Tuesday, Nov. 14

Boys Basketball: vs. Monache (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Girls Basketball: at Quartz Hill (JV 5:00pm/Var 6:30pm); bus 2:00pm, excused 1:30pm

Boys Soccer: at South (FS 3:30pm/JV 4:30pm/Var 6:00pm); bus 2:00pm, excused 1:30pm

Girls Soccer: FS at East (3:30pm); bus 2:00pm, excused 1:30pm

Thursday, Nov. 16

Cross Country: Var Boys/Var Girls at Valley Championships, Woodward Park (Clovis); bus 7:00am

Boys Basketball: FS at Independence Tourney (4:00pm), bus 2:00pm, excused 1:30pm

Girls Basketball: vs. North (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Girls Basketball: FS at West Tourney (8:15pm); bus 6:30pm

Boys Soccer: FS at East (3:30pm); bus 2:00pm, excused 1:30pm

Friday, Nov. 17

Boys Basketball: Var at Mira Monte Tourney (2:00pm), 2 vans 12:30pm, excused 12:15pm; FS at Independence Tourney (Time TBD), bus 2:00pm or 6:00pm, excused 1:30pm if 2:00pm bus.

Girls Basketball: JV at Foothill Tourney (3:00pm); FS at West Tourney (6:00pm), bus 4:00pm

Girls Wrestling: at South Tourney, van 6:30am

Saturday, Nov. 18

Boys Basketball: Var at Mira Monte Tourney (Time TBD), bus TBD; FS at West Tourney (Time TBD), bus TBD

Girls Basketball: JV at Foothill Tourney (Time TBD); FS at West Tourney (Time TBD), bus TBD

Boys Wrestling: JV at South Tourney (bus 6:00am)

