

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

Attention Seniors: If you have not completed or started your CSU/UC applications, November 30th is the deadline. Please stop by the Career Center during lunch for help.

CTEC has opened the Evening Logistics and Distribution Class starting Jan 9th. In this class, you will learn how to work in a warehouse, drive a forklift, and other work other equipment while earning 10 credits. Classes will be held at CTEC Tuesday, Wednesday, and Thursday evenings from 5:30pm to 8:30pm. There is a bus to and from Foothill. If you are interested in adding this class, speak with your counselor asap so we can get you signed up.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

SPORTS

There will be a 'Meet and Greet' with new Varsity Softball Coach Melissa Ysaguirre on Wednesday, Nov. 15, at 3:30pm in room 601. All students not currently in a sport who are interested in playing softball this year should attend.

Breakfast

Main Entrée

Country Breakfast Scramble
Burrito
Honey Bun
Trix Cereal
Honey Nut Cheerios Cereal
Cup

Fruit

Very Berry Juice
Grape

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Grilled Salmon and Rice
Chef Salad
Extreme Burrito
Spinach and Cheese Calzone
Turkey Ham and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Orange
Kiwi's

Vegetables

Spinach
Fresh Cucumber
Roasted Corn
Black Beans
Grape Tomatoes
Carrots
Broccoli

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk



Thursday, Nov. 16

Cross Country: Var Boys/Var Girls at Valley Championships, Woodward Park (Clovis); bus 7:00am
Boys Basketball: FS at Independence Tourney (4:00pm), bus 2:00pm, excused 1:30pm
Girls Basketball: vs. North (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm
Girls Basketball: FS at West Tourney (8:15pm); bus 6:30pm
Boys Soccer: FS at East (3:30pm); bus 2:00pm, excused 1:30pm

Friday, Nov. 17

Boys Basketball: Var at Mira Monte Tourney (2:00pm), 2 vans 12:30pm, excused 12:15pm; FS at Independence Tourney (Time TBD), bus 2:00pm or 6:00pm, excused 1:30pm if 2:00pm bus.
Girls Basketball: JV at Foothill Tourney (3:00pm); FS at West Tourney (6:00pm), bus 4:00pm
Girls Wrestling: at South Tourney, van 6:30am

Saturday, Nov. 18

Boys Basketball: Var at Mira Monte Tourney (Time TBD), bus TBD; FS at West Tourney (Time TBD), bus TBD
Girls Basketball: JV at Foothill Tourney (Time TBD); FS at West Tourney (Time TBD), bus TBD
Boys Wrestling: JV at South Tourney (bus 6:00am)

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Come check out the new Bible club on Thursday at lunch in room 910.

